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Mental Health Awareness Month

Welcome to the month of May, a month whose name has several stories for its origin. According to the Romans, May was named after "Maia," a goddess who oversaw the growth of plants and embodied the concept of growth in nature and business. During this month we celebrate many holidays, some fun, some patriotic, as we look forward to the summer season.

Whether it be Mother's Day, Cinco de Mayo, Star Wars Day (May the fourth be with you), World Bee Day, or Memorial Day, there is something for everyone.

Besides celebrating events, we should be acknowledging events and topics that we need to raise awareness of and one of these occurs in May.

May is Mental Health Awareness Month—a national month of awareness and action recognized since 1949. Mental health activists and practitioners across the country work to address that mental health is something that every individual ought to care about. It should also be about taking steps to improve your own mental health and offer support to those around you.

The statistics are grim:

- 1 of 5 adults experiences mental illness in their lifetime and less than half receive treatment.
- 55% of US counties do not have a single practicing psychiatrist to provide care.

- Suicide is a leading cause of death for people aged 10-34 years.
- In 2020, the US had one death by suicide every 11 minutes.

Several organizations are in the forefront of these efforts to raise awareness. The National Alliance on Mental Illness (NAMI) works to provide support, educate the public, and advocate for policies that support the millions of people in the United States affected by mental illness.

In 1992, United States Congress founded a service as a branch of the Department of Health and Human Services, The Substance Abuse and Mental Health Services Administration (SAMHSA). Their mission and vision are to provide opportunities through programs and grants to promote good mental health and support suicide prevention, treatment, and recovery at all points across the continuum of care.

Perhaps their most visible program is the 988 dialing code which is operated through the existing National Suicide Prevention Lifeline. The Lifeline is available through phone call, chat, or text and receives over 350,000 contacts monthly with the response time to these communications less than 60 seconds.

What can we do as individual physicians for ourselves and our loved ones?

How do we take care of our own mental health?

Some ideas include educating yourself about mental health topics. We as internal medicine physicians may not have regular contact with patients with mental health issues that we are aware of. How do we recognize the signs and get patients to open up to us?

- Take your own online mental health screening to familiarize yourself with this tool for patients as well as for yourself and family.
- Create a self-care routine, including exercise, proper nutrition and rest, as well as pay attention to your own health issues.
- Meditation may work for some individuals to help relieve stress, anxiety, and depression.
- Support a national mental health organization or community effort that would benefit from your participation.
- Check on those around you and be more intentional about being involved and interactive with friends and loved ones. Our recent pandemic has certainly taken a toll on our interpersonal relationships. It will take efforts on our part to reestablish connections and overcome the social isolation we have been experiencing despite the use of technology and social media.



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Mental Health Awareness Month

(Continued)

The United States Surgeon General, Dr. Vivek Murthy, wrote a new Surgeon General Advisory released this month calling attention to the public health crisis of loneliness, isolation, and lack of connection in our country. Loneliness and isolation increase the risk for the development of mental health challenges as well as health issues that can lead to premature death.

Our Epidemic of Loneliness and Isolation: The U.S. Surgeon General's Advisory on the Healing Effects of Social Connection and Community is a powerful message regarding steps we need to strengthen our relationships and support our communities.

I encourage you to read his report so we can address this crisis together.

Joanne Kaiser-Smith, DO, FACOL president@acoi.org

Board of Directors Nominations: Due June 24, 2023

ACOI active members who are interested in serving on the Board of Directors are invited to contact Susan Stacy and request a nominating packet. The members of the ACOI will elect two individuals to three-year terms on the Board at the Annual Member Meeting, October 14, in Tampa, Florida.

As part of an ongoing self-assessment process, the Board has developed a position description for Board members, and a list of competencies that should be possessed by the Board as a whole. Potential candidates must complete an application form that allows them to describe how their experience and expertise match up with the desired competencies. To be considered by the Nominating Committee, the completed nomination packet must be returned to the ACOI office no later than June 24, 2023. The slate of candidates will be announced in the July issue of the newsletter.



Your Home for Osteopathic Internal Medicine Education

New Educational Opportunities

More opportunities for CME are now live on the ACOI Online Learning Center.



Earn 0.75 AOA Category 1B Credits for free by completing **COVID Outpatient Therapies.**

Need Quick CME? Find this activity and more listed on the homepage of the Online Learning Center.

Visit Now

Countdown to Tampa

Damon L. Baker, DO, FACOI, Annual Convention Chair



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Welcome to my first update as the Annual Convention Chair. This fall, ACOI 2023 will be live and in person in the Sunshine State.

This will be the first year since the pandemic that the Annual Convention will be back live with

all the events that have made it the premier gathering for osteopathic internists in the US along with new topics and activities for 2023.

Attendees will once again be able to enjoy the pomp and circumstance of the Fellows Convocation & **Awards Ceremony** as it returns with all its grandeur. Also returning live are the Resident and Student Poster Contests. Cash awards of \$1,500 for the first place winning original research abstract posters will be awarded for residents and a \$500 prize will be awarded for the winning student submission. Submissions are now open.

The deadline for students and residents to submit an application to qualify is July 31.

New this year:

- All-new topics, speakers, and presentations to earn CME credits and MOC points
- ACLS Recertification Course
- **Special Interest Group** discussions
- Personalized New Member Orientation session
- Resident/student social event

Back from last year:

- Point-of-Care Ultrasound (POCUS) sessions
- State licensing requirements
- Free registration for students and residents
- **Hybrid option** allowing for virtual attendance

Make your plans now to attend ACOI 2023 live in Tampa, Florida, this fall.

Our Theme for ACOI 2023: Health, Wellness, or Medicine?

This year's theme takes words that we use daily-some that have different meanings to each of us—and presents them in a way that makes us think about health care differently-Health, Wellness, or Medicine? Consider how health and wellness choices determine if we become reliant on medicine.

Nothing has taught us more about how rapidly the world can change than the COVID-19 pandemic. While the World Health Organization announced the end to the COVID-19 global emergency this month, it has left an indelible mark on all of us, both as physicians and as human beings. The health crisis made it very clear that paying attention to preventative care to achieve good health and optimum wellness, both for us and our patients, can play a critical role in healing should acute or chronic disease invade.

With specially chosen keynote speakers and sessions that promote wellness, this year's Annual Convention will be focused on how good health and pursuing optimal wellness can help us and our patients avoid serious illness that puts us and them at the mercy of medicine. Being healthy and fostering wellness is about lifestyle choices around diet, exercise, and in seeking preventative medicine such as health screenings and in the case of the pandemic, vaccines that can help us avoid sickness or may minimize its effect.





Renew Your Dues Now





The ACOI dues for the membership year of July 1, 2023, to June 30, 2024, are now available to pay. You can <u>renew online</u> or by mail using the invoice that was recently mailed to you.

Thank You for Renewing

ACOI provides leadership, networking, and education to help our members be successful and stay true to why they pursued medicine. This month we mailed out a <u>brochure</u> which highlights what we've done over the last year. We would love to hear your feedback on this mailing!

We Value YOU!

ACOI is the premier community for osteopathic internal medicine and subspecialist physicians because of members like **you**. Your support directly builds innovating educational programs that make a difference in osteopathic medicine. Thank you for all you do. We look forward to serving you this year.

If you have any questions about membership, please contact Neena at neena@acoi.org.

Primary Care Physicians, Urgent Care Physicians & Nocturnists

Opportunities available in Portland and Salem, Oregon, and Southwest Washington, including Longview

Please contact: Bridgitte Ngo

Explore your

opportunities at:

northwest.permanente.org

Bridgitte.A.Ngo@kp.org

Join our medical group

Northwest Permanente is a physician-led, multi-specialty group of 1,500 physicians, surgeons, clinicians, and administrative staff caring for 630,000 Kaiser Permanente members in Oregon and Southwest Washington.

Working for Northwest Permanente, you'll enjoy:

- 21% employer contribution to retirement programs, including pension (this is not a match NWP contributes 21% of clinician earnings to retirement programs regardless of employee contribution)
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If health equity is a priority in your career, Kaiser Permanente Northwest has an amazing Primary Care opportunity in our new Center for Black Health and Wellness. Learn more about this opportunity - bit.ly/NWP_blackcenterofexcellence

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DOs Doing Good: Dr. Troy L. Randle Brings Access & Education to a New Jersey Community

by Gina Kilker



Troy L. Randle, DO, FACOI, FACC, MBA, an accomplished physician, is someone who didn't forget his own challenges as a child and as a young man who wanted to pave a different path for himself. Rising above formidable circumstances, remaining true to his career

goals, and finding ways to make a difference, he has used his unique understanding and unforgettable experiences to help others as a cardiologist and a community member. He is living proof that you can't stop the determination of a person on a mission.

Dr. Randle developed a passion for helping others when he was a young boy, and it became exacerbated through his own seemingly insurmountable challenges. When recovering from COVID-19 and the subsequent rare complication of a stroke in 2020, he found himself needing to forge a different career path in cardiology. He began building an outpatient practice, which led to him pursuing a passion that began years earlier—helping disadvantaged inner-city patients living in Camden, New Jersey gain access to essential cardiac care.

Growing up in Elizabeth, New Jersey, and understanding that underrepresented populations don't have the same access to healthcare, healthy food, and education about preventative care, Dr. Randle made it his mission to do what he could to help others.

As a cardiologist with Virtua Health, located in the affluent suburb of Cherry Hill, New Jersey, he wanted to find a way to help patients in the nearby urban center of Camden. Many had trouble making it to appointments in Cherry Hill when they had no access to reliable, efficient transportation.

Some Camden patients had to catch multiple buses to Cherry Hill, which often translated to missed appointments and lack of consistent care. "The office is about 10 miles from Camden, and with a car, you can just jump in and go. But, a lot of people don't have those resources, so some of them would need to possibly take two buses, which would be over an hour or even two hours, just in transportation. Transportation services are not reliable. They would pick them up and drop them off whenever, and then they may possibly be waiting in the office an additional two to three hours after their visit to wait for transportation to pick them up to get them home. It could be a good portion of a five-to-six-hour day just for a routine 30-minute visit."

Consequently, Dr. Randle began lobbying for a satellite office in Camden to help those disadvantaged patients. "It has always been my passion to do this, so when Virtua heard what I wanted to do they were very supportive, and they found the resources to make it happen. I was very happy that we were able to not only open the office about a year and a half ago, but that the growth of the office has been amazing."

Growing up without a car and having to rely on walking and catching buses made him especially compassionate toward the cause.

"I understand that being able to afford a car is a privilege. Growing up in a city environment and seeing disparities in health care, including not having access to care, is something I understand. In addition to transportation, there are other disparities in terms of things like a healthy diet and food access. For a period of time in Camden there was not even a supermarket. If individuals wanted a supermarket, they had to leave the city!"

Cutting Disease Risk at the Barber Shop

While increasing access was a huge win, he also tackled a different sort of access – health education access. He knew too many individuals, especially African Americans, were at risk of an early grave with conditions like heart disease, along with other potentially fatal conditions, so he began by educating his colleagues to help them identify and address healthcare disparities as part of the "Close the Gap Program." Then he began working on community education and started working at health fairs. But he soon realized that, while health fairs were important, he wasn't reaching at-risk individuals who weren't proactively seeking health information but who could also benefit from learning about preventative care.

Giving thought as to where he could find such a group, he and his colleague developed relationships with barbers in the community and began spending Saturdays going to Camden barbershops to chat with the patrons waiting for their services.

Continued





#DOsDoingGood: Dr. Troy L. Randle

(Continued)

He figured that they wouldn't just be getting their hair cut, they would also be cutting their chances of suffering from cardiac disease if they listened to the information being provided. The grassroots effort informed the patrons of the risks of a multitude of conditions and encouraged health screenings.

"Sometimes it can be a long wait at the barbershops, especially on a weekend. So, we would go and give the patrons, who were mostly African Americans, a little education on various topics like heart disease. We also told them about other health risks they needed to be aware of such as prostate disease, hypertension, and colon cancer, and the importance of health screenings."

Additionally, he also focuses on educating youth about their future options. Paying forward his own mentor's passion to increase diversity in medicine, his message for young people is that they too can choose medicine as a profession and make a difference. He mentors middle school and high school students who on their own may not otherwise discover medicine as a career path.

Dr. Randle has won many awards for his work and his volunteer efforts including the Healing Spirit Award given by the Lourdes Health Foundation for his cardiac education program that he designed to educate his community, the "Game Changer Medical Award" in 2015 from the Gloucester County NAACP, the SNMA Community Achievement Award in 2015, and most recently he was awarded the 2023 Distinguished Alumnus Award bestowed by the Rowan University School of Osteopathic Medicine Alumni Association.

The Award honors an alumnus(a) who has personified the university's tradition of excellence and brought credit to the university through their professional accomplishments and/or exceptional voluntary service to others.

Dr. Randle has also been an active ACOI Fellow. He serves on the ACOI Committee on Health Equity and Inclusion in Medicine and has presented as a faculty member at countless Annual Conventions and Spring Meetings. He joined the ACOI when he was a resident, when current ACOI President, Joanne Kaiser-Smith, DO, FACOI, was his Program Director at the University of Medicine and Dentistry of New Jersey (today known as Rowan-Virtua School of Osteopathic Medicine).

He said that while there are many organizations for physicians to belong to, the ACOI has been the one stand-out organization for him that he has stuck with throughout the years. "With the ACOI the difference is that it is a family and there is a genuine camaraderie within the organization. Not only is it a large organization representing internal medicine. but I feel that the educational events that are held when we get together are not just learning experiences, but also bonding experiences. Again, like a family. I don't get that with other organizations. Plus, when the ACOI expresses a mission, I feel like it is carried out; it's not necessarily just something that is put on paper. I feel like what the organization attempts to do is implemented."



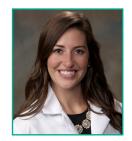
Dr. Troy Randle, center, is honored in 2017 by the Lourdes Health Foundation with a 2017 Healing Spirit Award for his "compassion, dedication to patients and years of service."

Keep Reading



Visit our blog to learn more about the many hurdles Dr. Randle had to face as a child and a young man who wanted to be a physician. Read about the life challenges he faced during the pandemic, including the natural disaster that destroyed his home months later.





What Does Wellness Mean to You?

Britney A. McCarty, DO,
ACOI Physician Wellbeing Committee

What does wellness mean to you?

When I am prompted with that question, my first response is to consider my hobbies outside of work that make me happy and keep me physically and mentally healthy. This will certainly look different for everyone, but I wanted to share my personal experience with food and cooking.

I grew up in a typical suburban household in Ohio with a wonderful stay-at-home mother who fixed homemade meals every weeknight. I will admit they were not particularly fancy or adventurous and most of them contained some form of meat and potatoes. However, as I got older and moved out on my own, I had to learn to find recipes I liked that served my needs. I needed meals that were not only quick and easy meals but also nutritious. I started with the triedand-true classics like boxed macaroni and cheese and microwave chicken quesadillas. I was lucky enough to live with a good friend in college who was Chinese, and she and her family introduced me to lots of new flavors and foods. The boxed macaroni and cheese suddenly got an upgrade by adding BBO pulled pork and sweet peas. The guesadillas became a creative platform by using different veggies, seasoning, and cheeses each time.

In medical school, I met my now husband. He likes to eat as much as I like to cook, which made us a great pair. Study breaks became meal prep time—stuffing pasta for a stuffed shell pasta bake or proofing dough for a new bread or pizza recipe.

After medical school, we moved to big cities that again provided us the opportunity to expand our culinary intellect and spurred our creativity. We have lived in our current city 2.5 years and make an effort to continue to try new restaurants despite the temptation to return to our favorite Mexican restaurant down the street or grabbing a fast-food meal on a busy night.

If you are intimidated by cooking, start simple with ingredients you and your family like. Use recipes from food bloggers (personal favorites: Teighan Gerard with Half Baked Harvest and Natasha Bull with Salt & Lavender) or watch chefs prepare meals on Food Network and they will walk you through the preparation. In general, cooking is fairly forgiving. Omit ingredients you don't like or have allergies to. Substitute vegetables you have on hand instead of making an extra trip to the grocery store. Final tip, find a good base recipe (I like quiche) that can become a leftover dump—add any meats, cheeses, or veggies that are going bad, and you've got a large fulfilling meal with leftovers!

If you're the kind of person who can burn a pot of water, maybe cooking isn't the pastime for you. But you can still learn new things and immerse yourself in the culinary world by trying a new restaurant this week or splurging for a tasting menu.

Making meals, or even dining at a new restaurant, has meant a lot to me and my family. It means quality, sitaround-the-table reserved time to have meaningful conversations and take a breather from the outside world. It means incorporating more fruits and veggies to improve nutrition. It means celebrations and holidays.

Wellness Corner

ACOI members identify dealing with stressors as the most critical issue facing them today. Each month we'll share an idea a member shared with us on how they work to promote their own wellness.

"I try to maintain balance between work and home life. Work is incredibly stressful and the only way to stay sane is to maintain that boundary and shut out work completely when at home."

Have a suggestion of your own? Email us at katie@acoi.org.

Government **RELATIONS**



Timothy W. McNichol, JD, and Camille Bonta





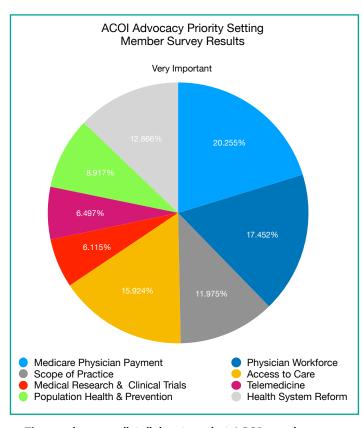
ACOI Sets First-Ever Advocacy Agenda

On April 26, the ACOI Government Affairs Committee met and approved the first-ever ACOI Advocacy Agenda. The agenda will guide ACOI's advocacy legislative and regulatory efforts over the next two years. The agenda reflects results of an ACOI member survey conducted earlier this year, as well as extensive input of the ACOI Government Affairs Committee.

The survey, completed by ACOI members, presented eight topic areas and asked respondents to indicate the level of importance that ACOI should assign to them. The survey found that ACOI members almost evenly ranked the following three topic areas as very or somewhat important:

- Ensuring Medicare Physician Payment Adequacy
- Strengthening the Osteopathic Physician Workforce
- Improving Patient Access to Recommended Medical Care

Scope of practice and health system reform were also top issues for many ACOI members followed by population health and prevention, telemedicine, and medical research and clinical trials.



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The results, overall, tell the story that ACOI members are being confronted with a number of issues they consider important to the practice of osteopathic medicine, the delivery of patient care, and population health. Every month in *ACOinfo*, readers can learn about what ACOI is doing to fulfill this new advocacy agenda and address the concerns of its members.

ACOI thanks those who made their voices heard through the survey and during the agenda setting process.

ACOI advocacy is working for you, its members, and looks forward to continuing to carry the voice of osteopathic physicians to lawmakers, regulators, and other policymakers.

Stephen Bell, DO, FACOI Chair, ACOI Government Affairs Committee

Safe Step Act Clears Legislative Hurdle

The Senate Health, Education, Labor and Pensions Committee passed on May 11 the Safe Step Act, creating a path for full Senate passage. The bill amends the Employee Retirement Income Security Act (ERISA) to require a group health plan provide an exception process for any medication step therapy protocol, including when a patient is stable on his/her current medication. The bill passed as an amendment offered by bill sponsor Senator Lisa Murkowski (R-AK) to legislation that requires greater transparency by pharmacy benefit management companies, restricts the practice of spread pricing, and ensures the pass through of drug rebates to insurance plans. ACOI supports the Safe Step Act,

and, in the days before Committee consideration, ACOI joined other medical societies in calling for the bill's passage.

Continued







DEA Extends Telehealth Flexibilities for Controlled Substances

The U.S. Drug Enforcement Administration (DEA) has announced the telemedicine flexibilities regarding the prescribing of controlled medications that were put in place during the COVID-19 public health emergency (PHE) will be extended through November 11, 2023. Additionally, to avoid disruptions in patient care, for any practitioner-patient telemedicine relationships that have been or will be established on or before November 11, 2023, the telemedicine flexibilities for controlled medications will be allowed through November 11, 2024.

The DEA is currently in the process of finalizing new telehealth policies for prescribing buprenorphine and controlled substances. The extension of the PHE waivers will allow the DEA to complete rulemaking.

ACOI Supports Bill to Increase GME Positions

ACOI added its name to a list of organizations supporting legislation introduced by Terri Sewell (D-AL) and Brian Fitzpatrick (R-PA) that would raise the number of Medicare-supported GME positions by 2,000 per year for seven years, for a total of 14,000 new slots. Under the Resident Physician Shortage Reduction Act (H.R. 2389), a share of the new positions would be targeted to hospitals with diverse needs, including hospitals in rural areas, hospitals serving patients from health professional shortage areas, hospitals in states with new medical schools or branch campuses, and hospitals already training over their caps.

Physician and Patient Groups Warn Congress about Payment Cuts to Part B Drugs

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If changes are not made to the drug price negotiation provisions of the Inflation Reduction Act (IRA) enacted last year, physician practices may find the cost of purchasing and administering Part B drugs will fall short of Medicare's reimbursement. Under the law, reimbursement for negotiated Part B drugs will no longer be based on the "Average Sales Price" (ASP) but instead a new rate called the "Maximum Fair Price" (MFP). ACOI recently signed a letter to congressional leaders in support of changes to the law, asking that physicians be taken out of the middle of the drug price negotiation process.

ACOI sent a letter to Congress last year in support of an amendment led by Sen. John Barrasso (R-WY) to the IRA that would have required drug manufacturers to directly refund the government excess costs above the MFP, which would have exempted any pricing concessions from the ASP while preserving the lower-out-of-pocket beneficiary costs. Ultimately, the amendment was not considered, and the bill language was unchanged.

Washington Tidbit

Reducing a Commute?

The Residence Act of 1790 directed President George Washington to designate a site for the new Federal District that would serve as our Nation's capital. The North agreed to the "Southern" location in exchange for relieving the North of its debt from the Revolutionary War. The location was selected by President Washington in-part because of its access to sea trade and its inland location, which provided a strategic defense against attack. It may not have hurt that the location was just 16 miles north on the Potomac River from his beloved plantation, Mount Vernon!



ACOI Member News



Thomas A. Cavalieri, DO, MACOI, was awarded the AACOM Dale S. Dodson, DO award for lifelong leadership.



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Charles A. Gambino, DO, FACOI, served as one of the alumni marshals for the New York Institute of Technology College of Osteopathic Medicine 2023 Commencement and Hooding Ceremony.

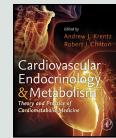


Humayun ("Hank") J. Chaudhry, DO, MACOI, made the commencement speech at the Pacific Northwest University of Health Sciences 2023 Commencement Ceremonies.

Book of the Month

Each month ACOI will highlight published works from our members and other suggested books. This month we're featuring a new cardiology book edited by Robert J. Chilton, DO, MACOI and Andrew J. Krentz, MD.

Cardiovascular Endocrinology and Metabolism: Theory and Practice of Cardiometabolic Medicine discusses the close intersection between metabolic disorders and cardiovascular disease, covering the basic science and pathophysiology of disease and the latest research in pharmacological approaches and translational therapeutic options. Learn more from the publisher's site. Congratulations, Dr. Chilton!



Share Your News With Us!

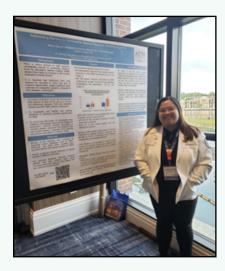
If you've recently received an award or accepted a new position, let us know so we can give you a shout out! Send an email to katie@acoi.org with your news, or news about your fellow members.



SOIMA Updates

Student Osteopathic Internal Medicine Association

Joanna Manansala, OMS-II, SOIMA President



From April 26 to April 28, 2023, the American Association of Colleges of Osteopathic Medicine (AACOM) celebrated its 125th anniversary at the Educating Leaders 2023 (EL23) conference in Baltimore, MD. EL23 was my first ever inperson conference, but it will not be my last. Attending EL23 in person made me realize the value of inperson conferences. With so many important people gathering at one event, conferences are an amazing opportunity to network with others and build a community.

I hope my experience inspires you to attend more conferences in the future, especially ACOI 2023, October 11-14, 2023, in Tampa. The convention will feature a wide array of programming, such as thought-provoking keynote-speakers, hands-on POCUS sessions, and an annual poster contest for students! This event is a great way to build your network and learn new skills that can help us students become effective internal medicine doctors in the near future.

Check out the ACOI blog to read about my experience, including networking with different residency programs and directors, meeting with other medical students, advocating for causes that are important to me, and of course, the swag!

Breeana Wade, OMS-II, SOIMA Secretary-Treasurer



At Pacific Northwest University of Health Sciences, the passionate faculty within the Internal Medicine department put out an entire smoked brisket spread, complete with all the tasty sides, for the graduating students that matched into Internal Medicine. This tradition is supported by the faculty who are passionate about celebrating and encouraging their future colleagues.

If you want to feature how your school celebrates their recently matched students, please send us a description of the celebration and any photos you may have to <u>SOIMA@acoi.org</u> so we can celebrate with you!

Additional updates covered on the blog:

- 2022/2023 End of Year Wrap Up
- Mentorship Program
- ACOI 2023
- Student Poster Contest
- SOIMA Annual Election Updates

Read More

Read More



Upcoming ACOI Events

Registration is Open!

ACOI 2023 October 11-14 Tampa • Hybrid

2023 Annual Convention & Scientific Sessions

October 11-14

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Please note: It is an ACOI membership requirement that Active Members attend an ACOI-sponsored continuing education program at least once every three years.

2023 Certifying Examination

Dates & Deadlines

AOBIM Initial Certification Exam

Remote Online Proctoring September 20-22, 2023

First Application Deadline: July 20, 2023 Final Application Deadline: August 20, 2023

Application materials are available on the AOBIM's <u>website</u>. Contact the AOBIM at <u>admin@aobim.org</u> for additional information.



Share Your Work at #ACOI2023

Submissions are now open for ACOI's Annual Poster Contests and Presentations. Submit before **July 31** to qualify!

Annual Poster Contest

Residents and students can submit abstracts in the categories of original research or case presentations. Cash prizes will be awarded to the top winners in each category, and convention registration is free for residents and students.

Resident Application

Student Application

Faculty Poster Presentations

Faculty are welcome to share their knowledge with the ACOI community in a number of categories. Poster presentations will qualify for scholarly activity. <u>Learn more</u>.

Faculty Application

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