



AMERICAN OSTEOPATHIC ASSOCIATION

**Specific Basic Standards for
Osteopathic Fellowship Training in
Rheumatology**

**American Osteopathic Association
and
American College of Osteopathic Internists**

BOT Rev. 2/2011

These specific basic standards are part of the *Common Basic Standards for Fellowship Training in Internal Medicine Subspecialties*, which govern and define training in all medical subspecialties. These requirements are in addition to all requirements in the Common Basic Standards.

INSTITUTIONAL REQUIREMENTS

- 4.1 The base institution or an affiliate must have laboratories or access to reference laboratories for serologic and immunologic testing providing routine and specialized tests for patient care.
- 4.2 The base institution or an affiliate must have facilities for inpatient or outpatient dialysis.
- 4.3 The base institution or an affiliate must have facilities for inpatient rehabilitation or have these facilities available via an affiliation agreement.
- 4.4 The base institution or an affiliate must have facilities to perform pulmonary function testing.
- 4.5 The base institution or an affiliate must have facilities to perform electromyographic testing.
- 4.6 The base institution or an affiliate must have radiology facilities and services that can provide rheumatology-related procedures including, at minimum: myelograms, angiography, computed tomography, magnetic resonance imaging, and bone densitometry.
- 4.7 The base institution or an affiliate must have availability and evidence of interaction with specialists in, at minimum:
 - a Surgery;
 - b Orthopedic surgery;
 - c Pediatrics; and
 - d Psychiatry.
- 4.8 The base institution or an affiliate must have laboratory space and assistance for the fellows to conduct research.
- 4.9 The base institution or an affiliate must provide a supervised ambulatory site for continuity of care training. Institutional clinics or rheumatologists' offices may be used.

V PROGRAM REQUIREMENTS AND CONTENT

A Program duration

- 5.1 The fellowship training program is a full-time training program of a minimum of 24 months in duration.

B. Medical Knowledge

- 5.2 Clinical teaching conferences must be conducted at least once weekly.
- 5.3 The fellow must present a minimum of four clinical lecture conferences under the guidance of a faculty member each year.
- 5.4 The fellow must have learning activities in use of non-steroidal anti-inflammatory drugs, disease-modifying drugs, biologic response modifiers, glucocorticoids, cytotoxic drugs, antihyperuricemic drugs, and antibiotic therapy for septic joints.
- 5.5 The fellow must have learning activities in examination of patients with particular skill in the examination of all joints.

- 5.6 The fellow must have learning activities in construction of differential diagnoses related to the signs and symptoms of rheumatologic diseases.
- 5.7 The fellow must have learning activities in diffuse connective tissue disease.
- 5.8 The fellow must have learning activities in rheumatoid arthritis.
- 5.9 The fellow must have learning activities in systemic lupus erythematosus.
- 5.10 The fellow must have learning activities in scleroderma.
- 5.11 The fellow must have learning activities in polymyositis.
- 5.12 The fellow must have learning activities in spondyloarthropathies.
- 5.13 The fellow must have learning activities in vasculitis.
- 5.14 The fellow must have learning activities in crystal-induced synovitis.
- 5.15 The fellow must have learning activities in osteoarthritis.
- 5.16 The fellow must have learning activities in musculoskeletal pain syndromes including fibromyalgia.
- 5.17 The fellow must have learning activities in sports injuries.
- 5.18 The fellow must have learning activities in systemic diseases with rheumatic manifestations.
- 5.19 The fellow must have learning activities in metabolic diseases of bone.
- 5.20 The fellow must have learning activities in osteoporosis.
- 5.21 The fellow must have learning activities in joint infections.
- 5.22 The fellow must have learning activities in indications and complications of joint surgery.

C. Patient Care

- 5.23 The fellow must have training and experience in trigger point injections, joint aspiration and joint injections to include, at minimum: indications, contraindications, complications, limitations, interpretation and evidence of competent performance.
- 5.24 The fellow must have training and experience in the interpretation of arthrography, ultrasonography; bone densitometry, musculoskeletal radiographs, computed tomography and magnetic resonance imaging of bones, joints and periarticular structures.

D. Ambulatory Clinic

- 5.25 The fellow must participate in ambulatory clinic at least four-half days per week in the first year and two-half days per week during the second year.