# ACOI – 2020 Annual Convention and Scientific Sessions CME Objectives, Needs Assessment, Practice Gap, Overview

# **Activity Overview**

This activity will provide general internists and subspecialists with updates in clinical medicine, quality assurance and improvement, healthcare administration, and the integration of concepts from principle-centered medicine to outpatient and inpatient care. The annual convention and scientific sessions are designed to advance the knowledge and competence of practitioners in general internal medicine (outpatient and hospital-based), cardiology, pulmonology, critical care, infectious diseases, endocrinology, allergy/immunology, gastroenterology, hematology/oncology, rheumatology, nephrology, nuclear medicine, sleep medicine, palliative care medicine, and osteopathic principles, practice, and manipulative medicine.

# **Practice Gap**

Today's internal medicine specialists, and subspecialists, whether practicing in the hospital or ambulatory setting are challenged to provide optimal care for the population of patients they serve. Advances in clinical medicine, the understanding of population health trends and epidemiological changes, as well as the emergence of novel pathogens affecting global health all create an environment where best practice standards of care (SOC) shift rapidly and significantly. The culturally diverse society in which physicians practice and the vital need to remain culturally competent add to the need for education to close the gap between current SOCs and best practices.

Today's internist, whether practicing as a hospitalist, generalist or subspecialist, is challenged to provide optimal care for patients with a wide range of clinical presentations. Practice informed by evidence-based guidance has been shown to improve outcomes with individual patients, within hospitals, and across populations. However, there is often a gap between evidence-supported practice and day-to-day implementation of care. This gap may be due to a lack of knowledge/information or limitations in opportunities for skill development/implementation. Identifying and implementing evidence-based practices in key therapeutic categories relevant to the internist will limit unnecessary testing, improve quality of care outcomes (CMS, AHRQ), and limit financial burden to the patient and the healthcare system (MACRA/MIPS).

### **Educational Needs:**

*Knowledge*: The internist is required to manage a wide range of clinical presentations. Not all internists are able to remain current on the latest guidelines, pivotal trials, and therapeutic options across the range of clinical areas relevant to internal medicine. In many cases, this is driven by a lack of awareness of advances and available information.

*Competence*: Gap analysis revealed that, across a range of therapeutic areas, internists have a strong understanding of best-practice approaches, but do not consistently apply these in practice. For example, despite advances in pharmacologic management and the use of new devices, there has been variable implementation in hospital-based practice due to opportunity, availability, or internal policies..

# **Target Audience**

This activity has been designed for general internists and subspecialists practicing in ambulatory and hospital-based settings.

# **Learning Objectives**

After actively participating in this educational activity, learners will achieve the following competencies, based on the sessions they select:

- Address the challenges of end stage dementia in the geriatric population;
- Assess the role of home dialysis therapy in the treatment od End Stage Renal Disease;
- Engage in discussions and review resources for difficult conversations and end of life discussions;
- Summarize insights and recommendations for the treatment of Inflammatory Bowel Disease and non-alcoholic liver disease;
- Describe the link between inflammatory diseases and cardiovascular risk;
- Discuss the role of Positron Emission Tomography in the diagnosis and staging of tumors;
- Describe the approach to the care of the Cancer survivor and the role of genetics in the field of oncology;
- Utilize state of the art approaches to the diagnosis and treatment of osteoporosis;
- Describe the latest evidence to support clinical decision making in lipid management to reduce arteriosclerotic cardiovascular disease;
- Develop essential skills in interprofessional education and integration of social media required for Undergraduate, Graduate and Continuing Medical Education;
- Define how Osteopathic Manipulative Techniques (OMT) can be used as a modality for treatment for common inpatient and outpatient conditions;
- Fulfill state licensure CME requirements in topics including prevention of medical errors, human trafficking, domestic violence and ethics;
- Advance mastery of the latest Opioid Analgesic Risk Evaluation and Mitigation Strategies (REMS);
- Define issues facing our internal medicine residents and students including board certification, job seeking, debt management;
- Discuss the pros and cons related to Physician Assisted Suicide;
- Apply population health strategies to medical practice for better patient care outcomes;
- Employ Principle Centered Medicine skills and patient centered high value care to achieve the best health outcomes for patients while balancing life, work and health;
- Describe the effects of COVID 19 infection on adult patients from epidemiology to recovery.

# Accreditation and Credit Designation Statements

The American College of Osteopathic Internists (ACOI) is accredited by the American Osteopathic Association to provide continuing medical education to physicians and has designated this live CME activity for a maximum of 60 AOA Category 1A Credits.

The American College of Osteopathic Internists is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American College of Osteopathic Internists designates this live activity for a maximum of 60 AMA PRA Category 1 Credits<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### DISCLOSURES

Faculty members and Course Directors who have disclosed relevant financial relationships are indicated with below. ACOI staff members have disclosed no relevant financial relationships.

ACOI CME Committee Members have disclosed no relevant financial relationships.

Brennan, Michael	Valeritas Corporation, NovoNordisk, Dexcom Corporation – Consultant
Spouse	NovoNordisk – Sales Representative
Elliott, William	Elsevier, UpToDate(R) - Editor, Author
Frith, John A.	Regeneron – Consultant, Speaker's Bureau
Link Chad	Disor DMS Actro Zonoco Actolion Bookinger Ingelheim Heneraria, Speakers Burgau
Link, Chad	Pfizer, BMS, Astra Zeneca, Actelion, Boehringer Ingelheim - Honoraria – Speakers Bureau
	Sanofi - honoraria - Speakers Bureau/ Advisory Board
Maursetter, Laura S.	Deputy Director of Board Review Course and Updates – Honoraria
maarsetter, Laara J.	
Reich, Keith A.	Alexion– Consultant
	Exagen– Consultant

# 2020 Annual Convention and Scientific Sessions

A virtual event OCTOBER 21-24

#**ACOI**2020

# **REGISTRATION INFORMATION**

### **EDUCATION SESSION FEES**

Fees for the 2020 education sessions are based on ACOI membership status and length of time in practice. Active members (training completed prior to 6/30/15) pay \$795; Young Internists (training completed 7/01/15 or later) pay \$645; Emeritus and Retired members pay \$645; Residents and Fellows pay \$295 (\$195 for Research Contest entrants). Non-member Physicians pay \$995; Non-Physician Health Care Professionals may register for the ACOI member rate of \$795. There is no charge for students. Spouse/guest registration is \$125. These fees include a \$50 early registration discount, which applies until September 21, 2020. Registrations received after that date do not qualify for the discount.

#### WHAT DOES REGISTRATION INCLUDE?

Registration for the Convention includes entry to all education sessions and the virtual Exhibit Hall. Spouse/Guest registration includes entry to the education sessions and the virtual Exhibit Hall (does not include CME).

### **PAYMENT INFORMATION**

You may register online, by mail or fax for the 2020 ACOI Annual Convention and Scientific Sessions. Secure online registration is available through the ACOI website. Visit *www.acoi.org* and click on the convention registration link on the home page. You may also use the registration form in the Convention Packet to register by mail or fax. Payment may be by check payable to ACOI or charged on VISA or Mastercard. Complete the required information on the white Registration Form and return it to the ACOI at the address listed on the form.

### **CANCELLATION POLICY**

Please note that refund requests must be made in writing to ACOI prior to September 21, 2020. No refunds will be made after September 21, 2020, but unused registration fees may be applied toward a future ACOI education activity. A processing fee of \$100 will be charged for cancellations received at any time.

### ACOI GENERATIONAL ADVANCEMENT PROGRAM

Donations are requested to assist the ACOI in providing a medical textbook to each resident and student registered for the Convention. Textbook prices average \$125. In addition, the ACOI provides grants to representatives of the internal medicine clubs on the campuses of osteopathic medical schools to defray the cost of attending the Convention. All contributions are acknowledged in the printed program if received prior to the publication deadline. Suggested donation is \$125, but contributions in any amount are welcome. Your donation may qualify as a tax deductible charitable contribution. ACOI is a 501(c)(3) organization and no goods or services are provided in return for the contribution. A separate receipt will be provided for your records.