ATHEROSCLEROSIS: OMICS TO FUTURE CLINICAL CHALLENGES

Highest technologies available we still have unacceptable recurrent acute coronary events after treatment with secondary prevention.....10-20% in first 12 months

Eur Heart J. 2015;36:1163–1170 N Engl J Med. 2009;361:1045

Professor Robert Chilton
University of Texas Health Science Center
San Antonio, Texas
Director of Cath Lab
Director clinical proteomics center

43 y/o male Recent stent placement ASA, Plavix, Statins

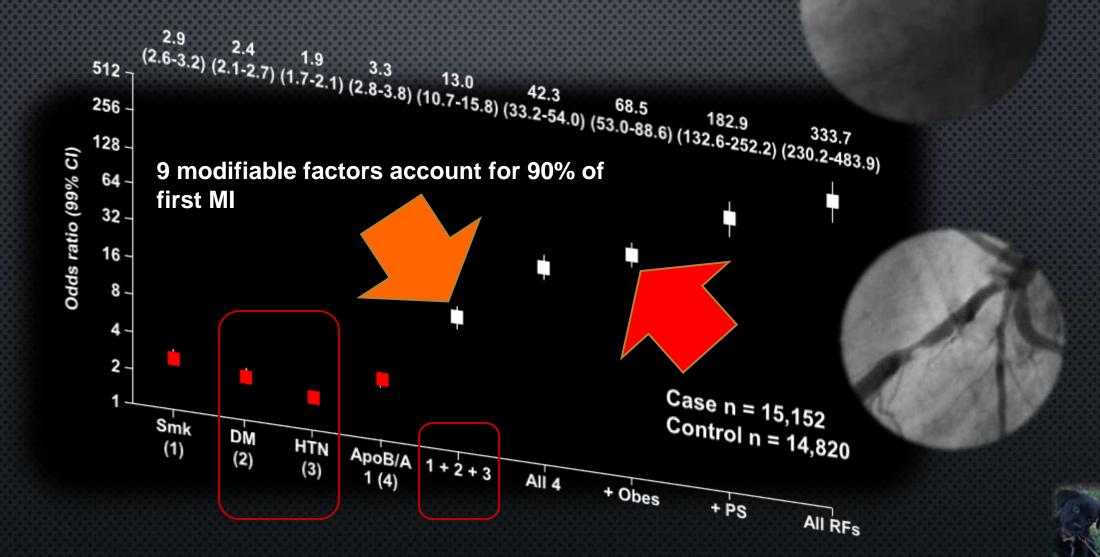


CONFLICTS: YES

- RESEARCH
- CLINICAL TRIALS
- INTERNATIONAL ADVISORY BOARDS



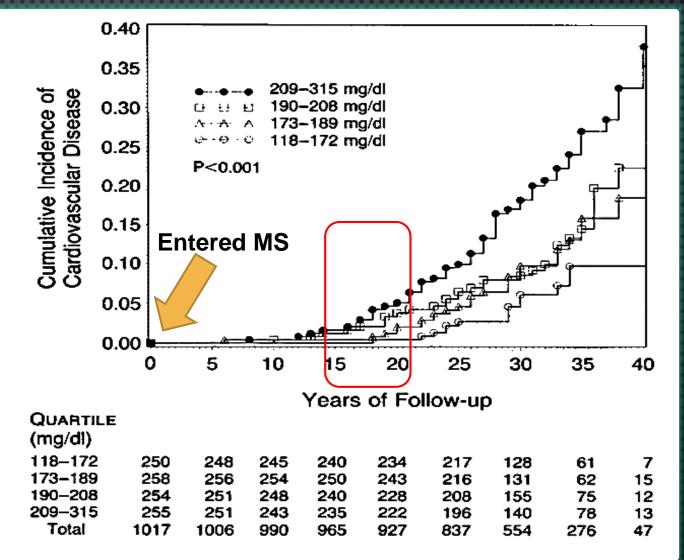
INTERHEART: IMPACT OF MULTIPLE RISK FACTORS ON CV RISK



NOTE: IT STARTS MAINLY AFTER 15-20YRS

Johns Hopkins: medical students cholesterol and risk of CV disease

Prospective study N=1017 young men Mean age 22



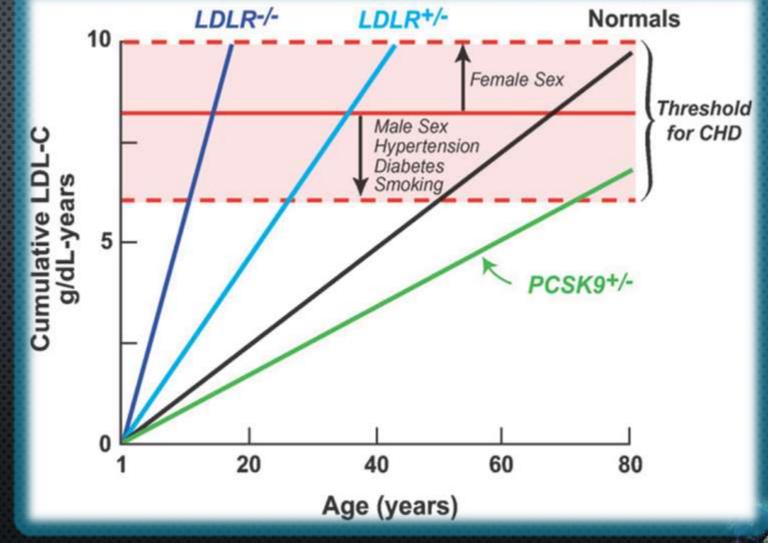


CUMULATIVE LDL EXPOSURE (EXPRESSED AS GRAMS OF CHOLESTEROL PER YEAR) OVER A LIFETIME IN

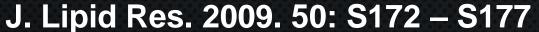
PATIENTS

 80 Y/O COULD HAVE HAD 10 G/DL-YEARS EXPOSURE TO LDL

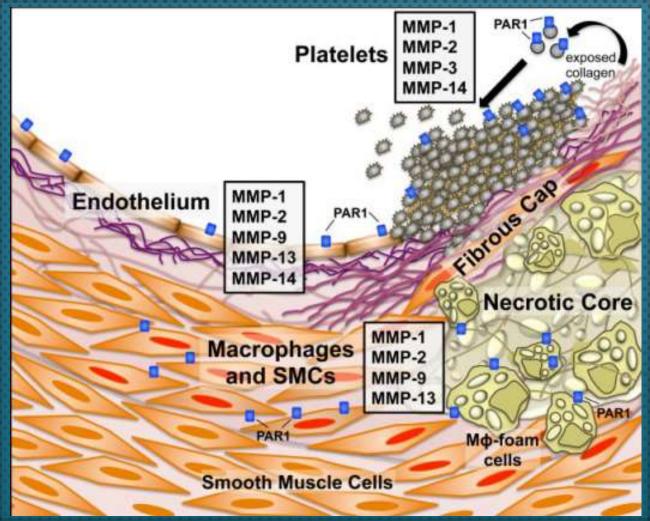
<20 YEARS OF AGE FH PATIENT
WOULD HAVE ALREADY HAD 10
G/DL-YEARS EXPOSURE TO LDL



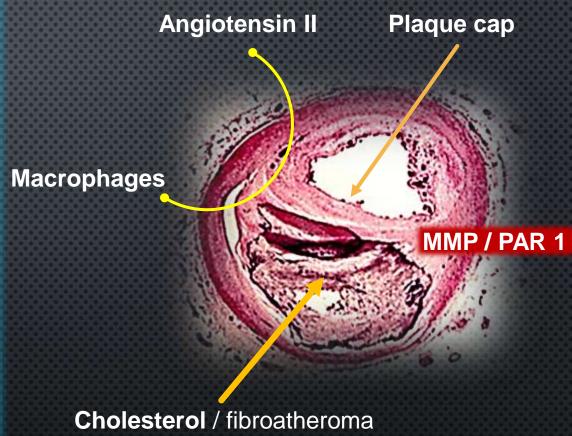




Hematologic importance in plaque rupture



Translational biology of atherosclerosis

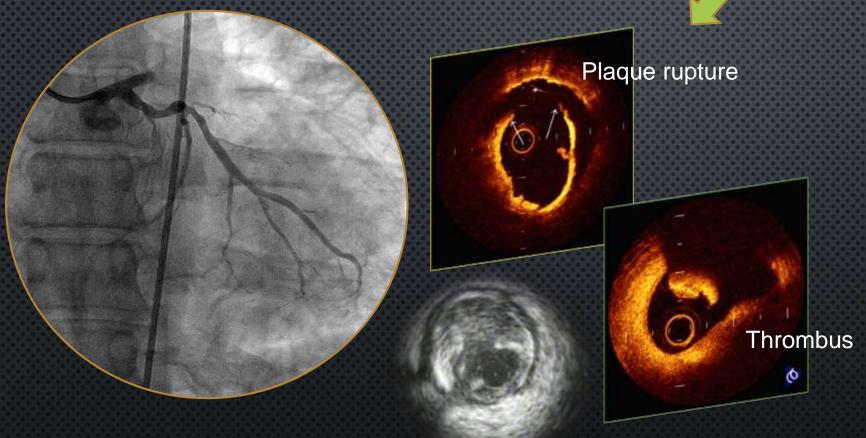


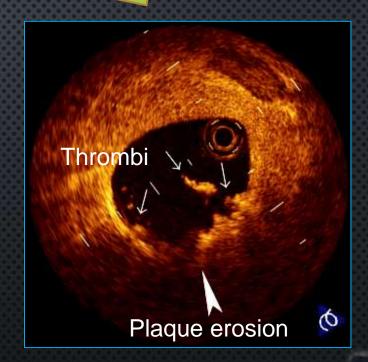
Nature medicine 2013;19:1094 Austin et al Blood 2013;121:431



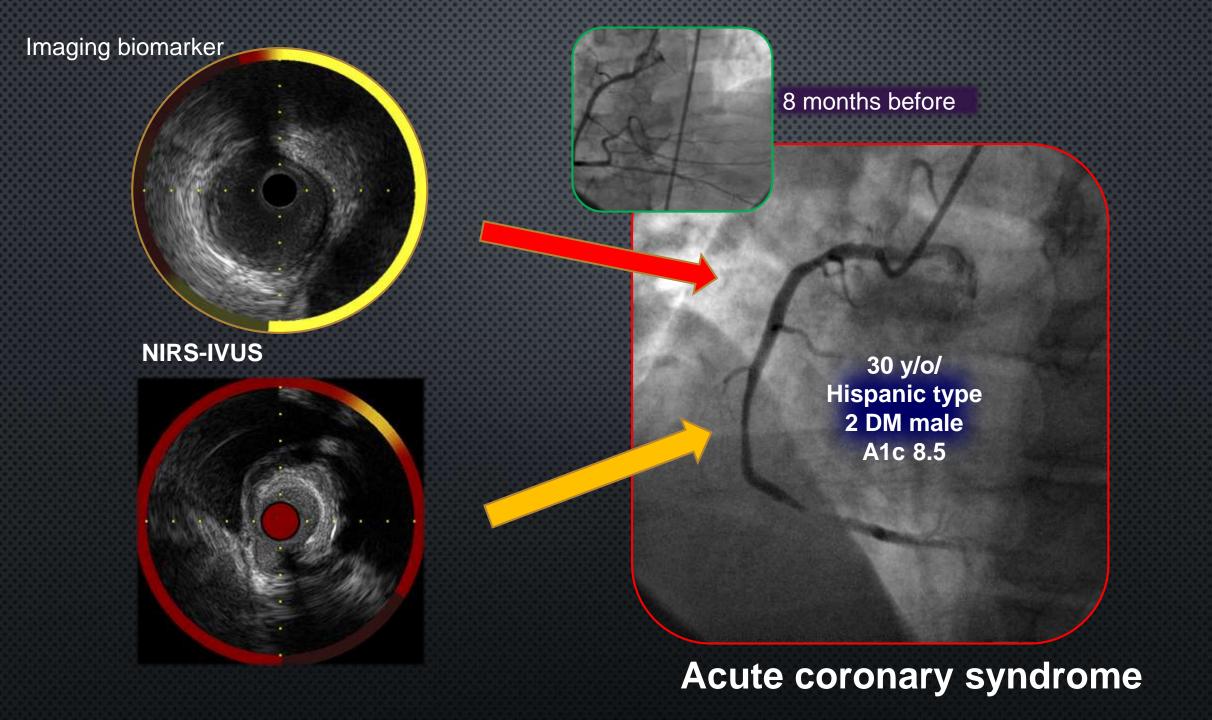
ACUTE CORONARY SYNDROME CHARACTERISTIC'S BY OCT







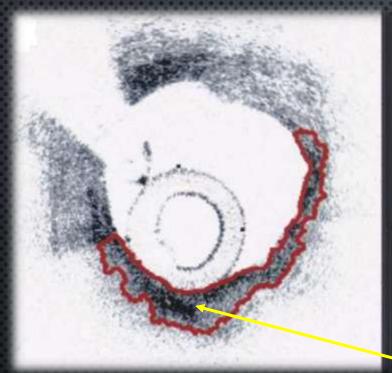
Cardiology Research and Practice: doi:10.4061/2011/312978

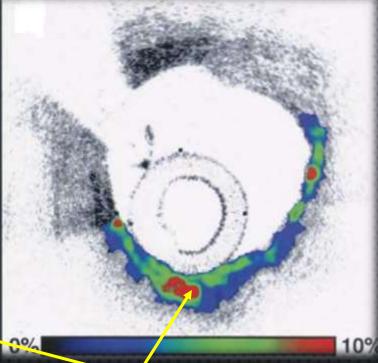




OCT CAN ESTIMATE MACROPHAGE (INFLAMMATION) ACCUMULATION WITHIN fibrous caps

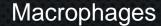
Imaging biomarkers







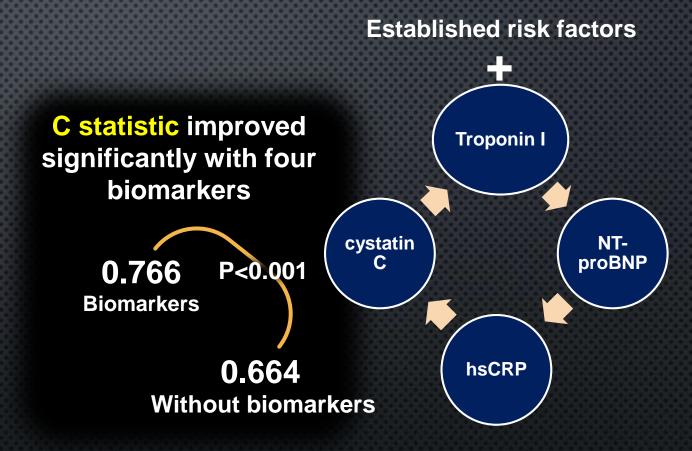
Humans with unstable angina (Red outlines: fibrous cap of the OCT image)

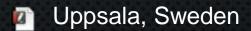


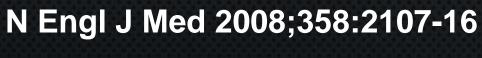


BIOMARKERS TO IMPROVE THE PREDICTION OF DEATH FROM CARDIOVASCULAR CAUSES

- Uppsala Longitudinal Study of Adult Men (ULSAM): cohort of ELDERLY MEN (MEAN AGE 71)
- HYPOTHESIS: CAN BIOMARKERS IMPROVE RISK STRATIFICATION FOR CV EVENTS VS CONVENTIONAL?
- N= 1135
 - 136 DEATHS WERE CARDIOVASCULAR
- FOUR BIOMARKERS (TROPONIN I, NT-PRO-BNP, C-REACTIVE PROTEIN, AND CYSTATIN C) IMPROVED RISK STRATIFICATION FOR DEATH FROM CARDIOVASCULAR CAUSES



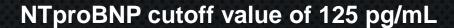


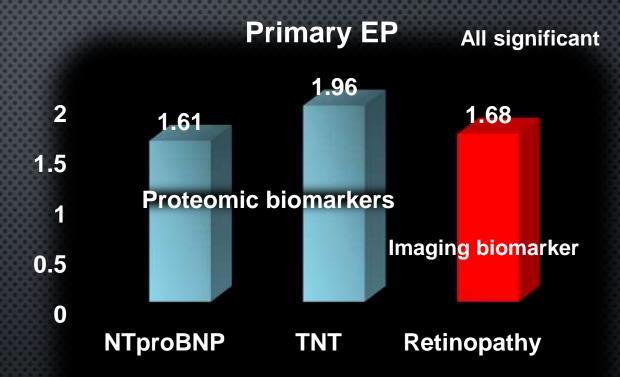




THE ATHEROSCLEROSIS RISK IN COMMUNITIES (ARIC) STUDY: DIABETES LOOK

- ARIC STUDY PROSPECTIVE
 OBSERVATIONAL STUDY OF THE NATURAL
 HISTORY OF ATHEROSCLEROTIC
 DISEASES AND CARDIOVASCULAR RISK
 FACTORS
- MIDDLE-AGED (45 64 YEARS)(N=11,656)
- PARTICIPANTS WITHOUT PREVALENT CVD, WITH FURTHER CATEGORIZATION ACCORDING TO THE PRESENCE (N =1,510) OR ABSENCE (N = 6,892) OF DIABETES

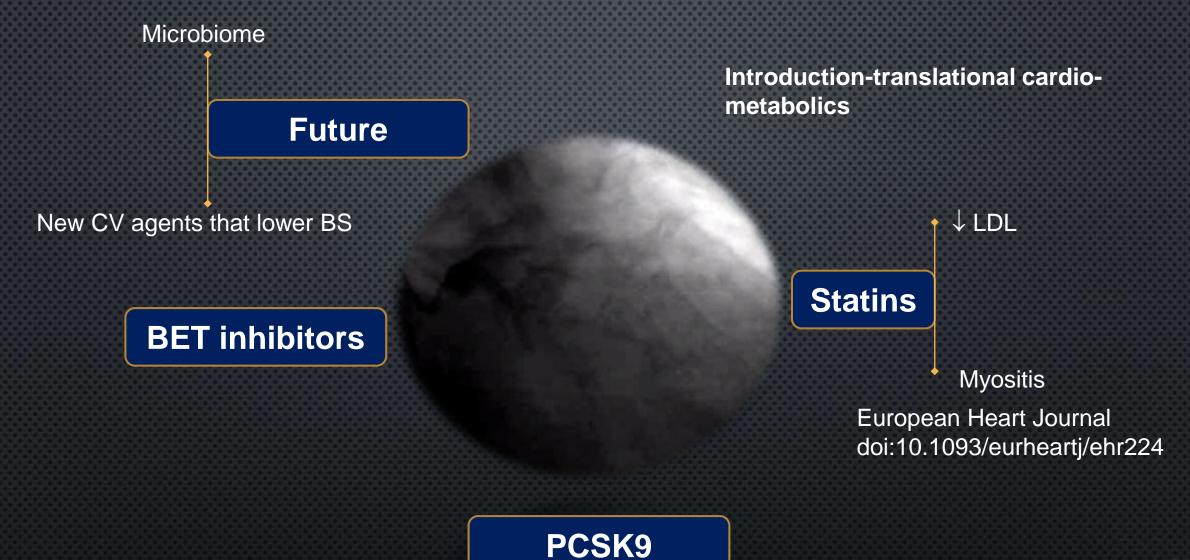


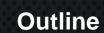


Kaplan-Meier curves for probability of fatal and nonfatal cardiovascular events. HRs are adjusted for demographic characteristics and cardiovascular risk factors. DM, diabetes.

Diabetes Care 2016;39:677 – 685









Maestro of the CV system

Endothelial cell health

Co-shared risk factors

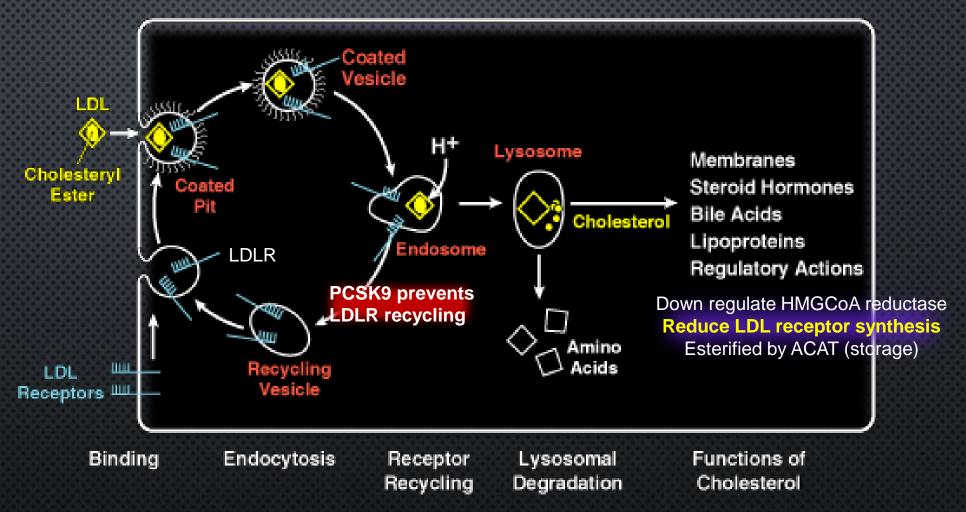
Cardiovascular health

Live imaging of endothelial cells at 600x magnification





LDL RECEPTOR PATHWAY

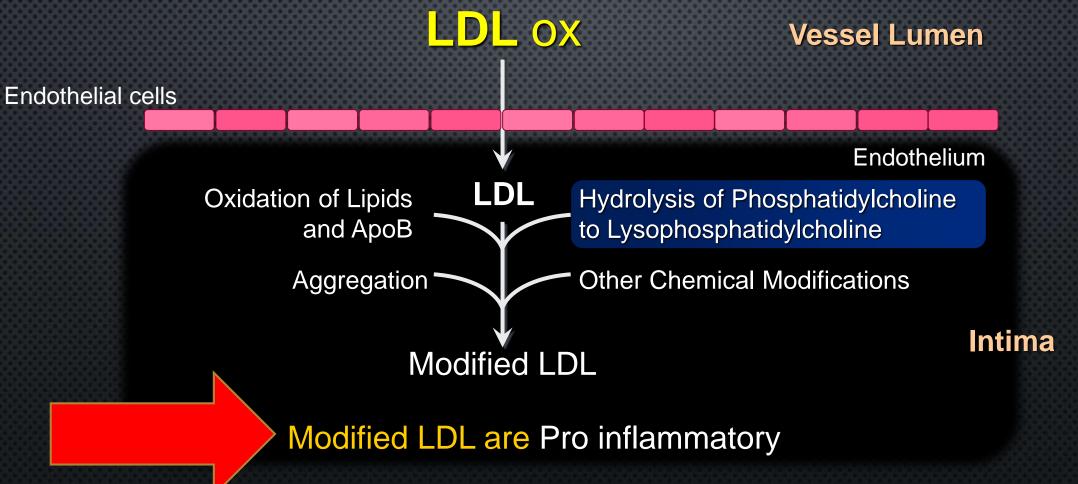


Statins: High CV risk patient high potency statin



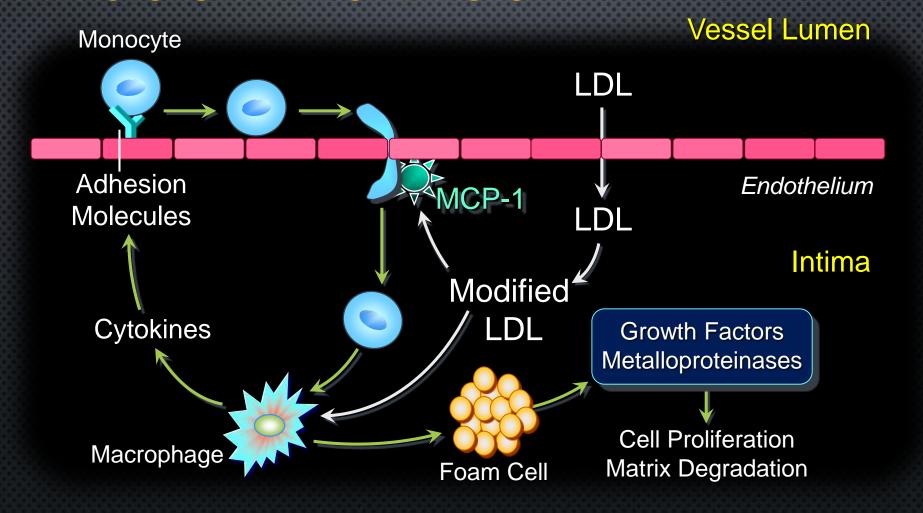
LDL AND ATHEROGENESIS

LDL Readily Enter the Artery Wall Where They May be Modified





MACROPHAGES AND FOAM CELLS EXPRESS GROWTH FACTORS AND PROTEINASES





C V RISK CONTINUES EVEN WITH STATIN THERAPY

Clinical events*

Trial	Statin treatment	Risk reduction vs placebo	Remaining risk
WOSCOPS** (6595)	Pravastatin 40 mg	31%	69%
AFCAPS/TexCAPS** (6605)	Lovastatin 20 or 40 mg	40%	60%
ASCOT-LLA** (10,305)	Atorvastatin 10 mg	38%	62%
4S** (4444)	Simvastatin 20 mg	26%	74%
CARE*** (4159)	Pravastatin 40 mg	24%	76%
LIPID*** (9014)	Pravastatin 40 mg	24%	76%
HPS*** (20,536)	Simvastatin 40 mg	27%	73%
PROSPER*** (5804)	Pravastatin 40 mg	24%	76%



^{*}Nonfatal myocardial infarction and coronary death; **Primary prevention trial; ***Secondary prevention trial

QUESTION:

• ARE RELATIVE RISK REDUCTIONS IN CV EVENTS WITH STATIN THERAPY --- RELATED TO BASELINE LEVELS OF LDLC?

N Engl J Med 2008;359:2195-207

Genetic studies suggest that even lower LDLC levels are likely to confer cardiovascular benefits regardless of starting cholesterol levels

Am Coll Cardiol 2012;60:2631-9

JUPITER primary prevention trial high-intensity statin regimen, the magnitude of percentage change in LDLC was directly related to subsequent event rates.

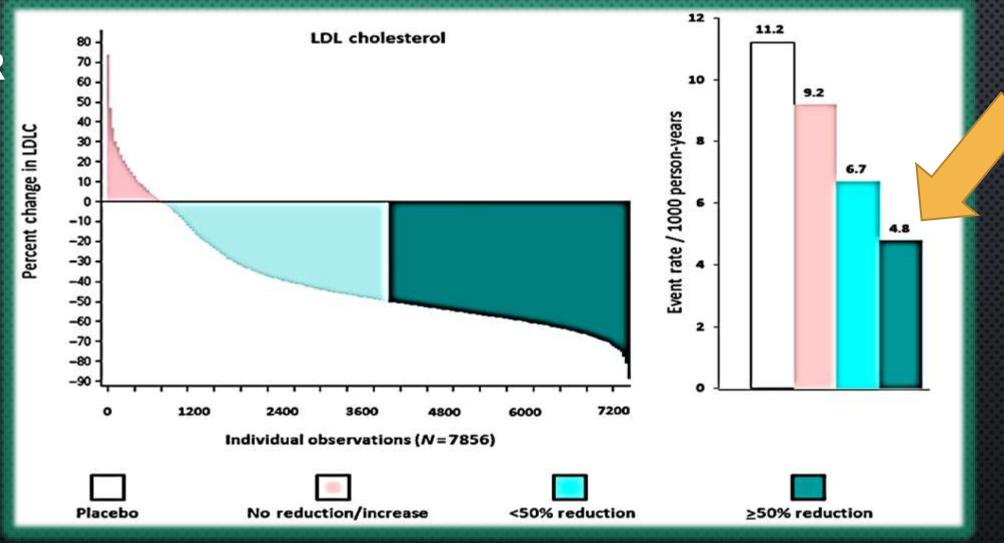
Eur Heart J 2016;37:1373-9





THE LARGER PERCENTAGE CHANGE IN LDL THE GREATER THE CV BENEFIT

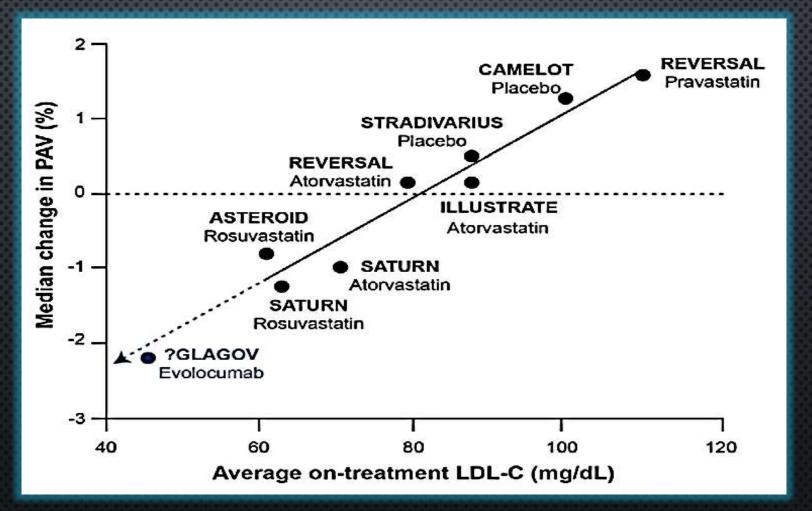
JUPITER







IVUS FINDS LOWER IS BETTER FOR CHANGING PLAQUE ATHEROMA VOLUME









TRANSLATIONAL BIOLOGY OF PCSK9

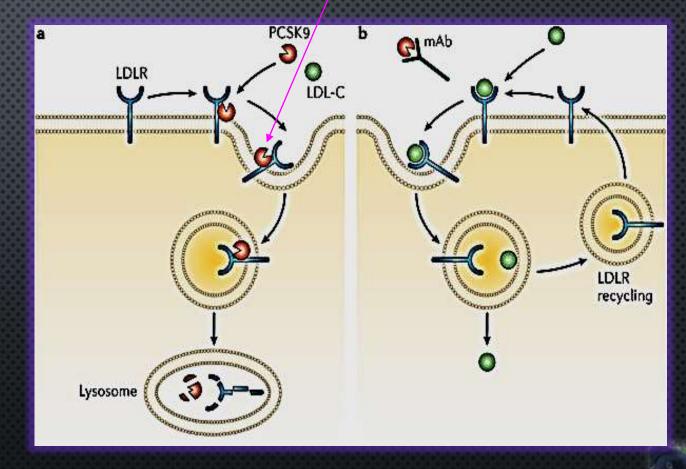
Atherosclerosis Risk in Communities Study, a missense mutation (pcsk9) in the prodomain (R46L), was associated with a 15% reduction in LDL-C and a 46% reduction in CHD

Trends Biochem. Sci. 32: 71

2-nonsense mutations (Y1423 and C6793), present in 2% of African-Americans, caused a 28% reduction in LDL-C and an 88% reduction in CHD

N Engl J Med 2006;354:1264-72

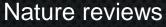
When PCSK9 binds to an LDLR, the receptor is **destroyed** along with the LDL particle

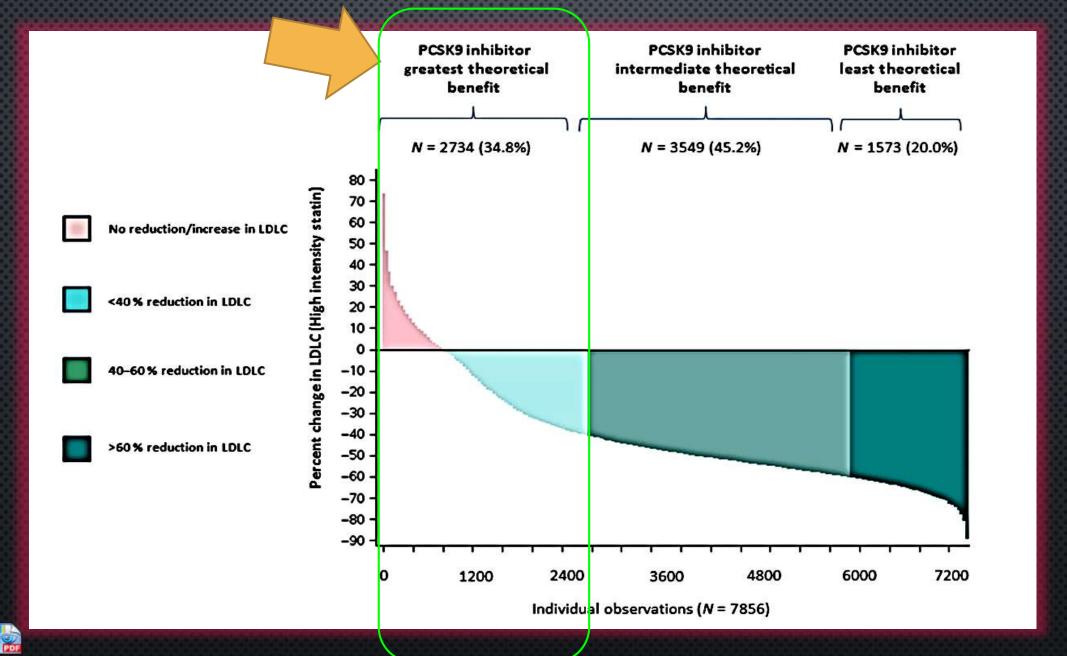














FURTHER CARDIOVASCULAR OUTCOMES RESEARCH WITH PCSK9 INHIBITION IN SUBJECTS WITH ELEVATED RISK (FOURIER)

- DB, RANDOMIZED: IMPACT OF ADDITIONAL LDL-CHOLESTEROL REDUCTION ON MAJOR CARDIOVASCULAR EVENTS WHEN EVOLOCUMAB (AMG 145) IS USED IN COMBINATION WITH STATIN THERAPY IN PATIENTS WITH CLINICALLY EVIDENT **CARDIOVASCULAR DISEASE**
- (N = 27,500), 5 YEARS
- PRIMARY ENDPOINT: CARDIOVASCULAR DEATH, MYOCARDIAL INFARCTION, HOSPITALIZATION FOR **UNSTABLE ANGINA, STROKE, OR CORONARY** REVASCULARIZATION WHICHEVER OCCURS FIRST

Enrollment: 27564

Study Start Date: February 2013 Estimated Study Completion November 2016

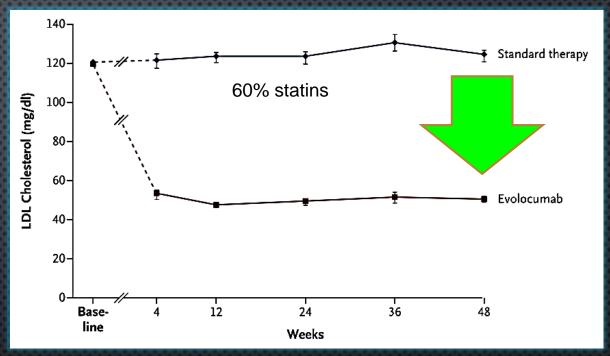
Date:

November 2016 **Estimated Primary**

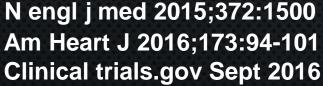
Completing Date:



OSLER trial N=1359









ODYSSEY OUTCOMES: EVALUATION OF CARDIOVASCULAR OUTCOMES AFTER AN ACUTE CORONARY SYNDROME DURING TREATMENT WITH ALIROCUMAB

• PRIMARY: CHD DEATH, ANY NON-FATAL MI, FATAL AND NON-FATAL ISCHEMIC STROKE, UNSTABLE ANGINA REQUIRING HOSPITALIZATION

F/U 64 MONTHS

Estimated Enrollment: 18600

Study Start Date: October 2012
Estimated Study Completion Date: February 2018

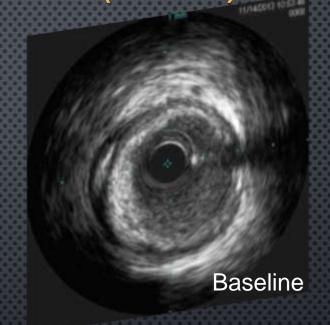
Estimated Primary Completion Date: December 2017 (Final data collection

date for primary outcome measure)



GLOBAL ASSESSMENT OF PLAQUE REGRESSION WITH A PCSK9 ANTIBODY AS MEASURED BY INTRAVASCULAR ULTRASOUND (GLAGOV)

- IMPACT OF PCSK9 INHIBITION ON CORONARY ATHEROMA PROGRESSION
- PHASE 3, MULTICENTER, DOUBLE-BLIND, RANDOMIZED, PLACEBO-CONTROLLED TRIAL EVALUATING THE IMPACT OF
- CORONARY ATHEROMA VOLUME: BASELINE TO WEEK 78 POST RANDOMIZATION, AS DETERMINED BY INTRAVASCULAR ULTRASOUND (IVUS)
- RANDOMIZED TO THE EVOLOCUMAB (AMG 145) ARM WILL RECEIVE EVOLOCUMAB (AMG 145) SUBCUTANEOUSLY EVERY 4 WEEKS
- REGRESSION (ANY REDUCTION FROM BASELINE) IN PAV (ATHEROMA VOLUME)[78 WEEKS]





Enrollment:

970

Study Start Date:

May 2013

Inclusion Criteria: Study Completion Date:

July 2016

Primary Completion Date:

July 2016

Subjects already taking statin therapy, niacin or ezetimibe at screening must have been on a stable dose for at least 4 weeks prior to screening LDL-C. Fasting LDL-C ≥ 80 mg/dL (with or without additional risk factors)



Am Heart J 2016;176:83-92 Clinical trials.gov Sept 2016

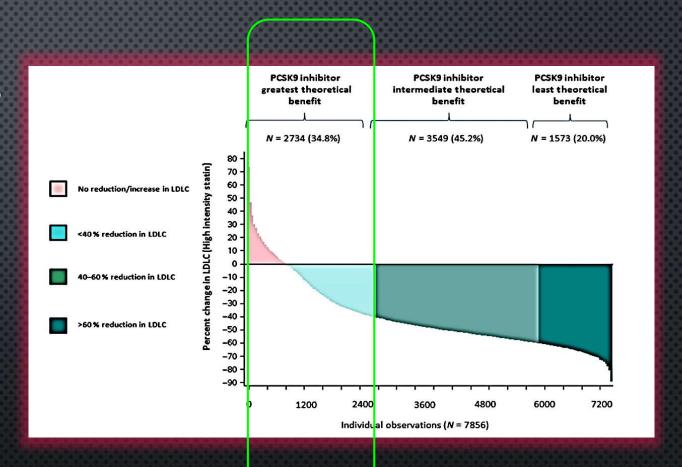
COMPARISON OF OUTCOMES PCSK9 CLINICAL TRIALS First to report

			r ii St to Toport	
	SPIRE 1 (n = 17,000)	SPIRE 2 (n = 11,000)	FOURIER (n = 27,500)	ODYSSEY Outcomes (n = 18,000)
Monoclonal antibody	Bococizumab (humanized) 150 mg Q2W	Bococizumab (humanized) 150 mg Q2W	Evolocumab (human) 140 mg Q2W 420 mg Q4W	Alirocumab (human) 75-150 mg Q2W
Entry LDLC (mg/dL)	≥70	≥100	≥70	≥70
Statin requirement	Atorvastatin 40 or 80 mg Rosuvastatin 20 or 40 mg Simvastatin 40 mg (or 80 r documented intolerance to h (SPIRE-1 and SPIRE 2) or do statin intolerance (SPIRE-2)*	igh intensity statin	High-intensity statin preferred, minimum dose atorvastatin 20 mg or equivalent	Atorvastatin 40 or 80 mg Rosuvastatin 20 or 40 mg or the maximum tolerated dose of one of these agents
High-risk secondary prevention	Yes	Yes	Yes	Yes
High-risk primary prevention	Yes	Yes	No	No
* Allowed not to be taking statin if into	plerant to any 2 statins (one at lowest dos	e) or a history of statin-induc	ed rhabdomyolysis.	



HIGHLIGHTS OF STATINS AND PCSK9

- STATINS PROVEN TO WORK AND LOWER APPEARS
 TO BE BETTER
- PCSK9 WITH STATINS MAY REDUCE CV EVENTS
 EVEN MORE....BUT WILL NEED TO WAIT UNTIL
 FOURIER REPORTS OUT THIS YEAR OR EARLY
 2017
- POSSIBLY 30% OF PATIENT MIGHT HAVE
 ADDITIONAL BENEFIT FROM PCSK9 BUT WILL
 NEED TO WAIT UNTIL CV ENDPOINT TRIALS ARE
 COMPLETED





WHAT IS THE CORRECT LDL NUMBER OR JUST HIGH INTENSITY STATIN?

Your patient

- 1. JUST GIVE HIGH RISK PATIENTS HIGH INTENSITY STATIN (GOVERNMENT GUIDELINES)
- 2. TREAT BASED ON LDL NUMBER

You're the patient

- 1. JUST GIVE HIGH RISK PATIENTS HIGH INTENSITY STATIN (GOVERNMENT GUIDELINES)
- 2. TREAT BASED ON LDL NUMBER

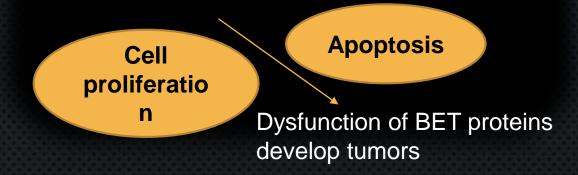


BET-bromo and extraterminal (family) proteins

Bromodomains (BRDs) are protein-interaction modules that are **selectively recruited to**lysine-containing sequences

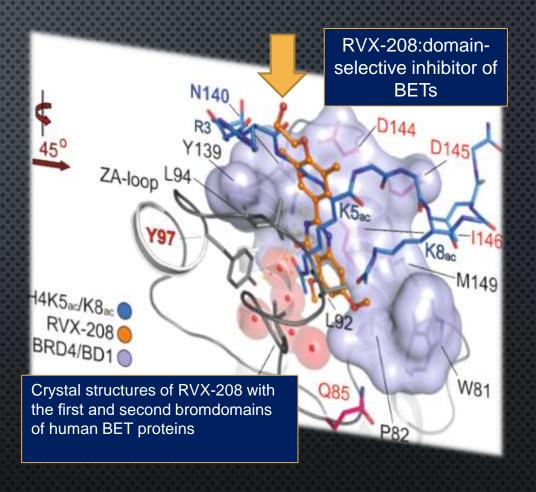
BRDs nuclear proteins: regulating transcription, chromatin modulators, and chromatin-modifying enzymes

control expression of genes that play key regulatory roles in



BET inhibitors-raising HDL

CHROMATIN-BASED THERAPEUTICS FOR ATHEROSCLEROSIS





ENDOVASCULAR CONSIDERATIONS IN BIOMARKERS

Cholesterol flux biomarkers

Pathways known to mediate cholesterol efflux from macrophages

ABCA1, ABCG1, scavenger receptor B1

Odds Ratios for Coronary Artery Disease According to Efflux

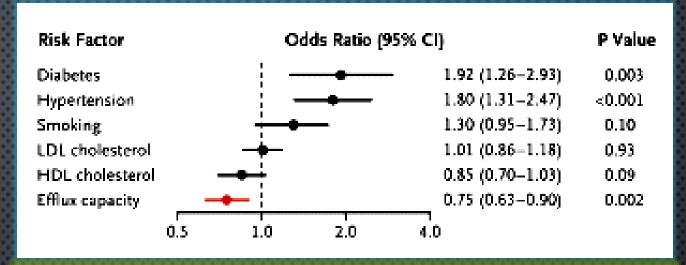


Table 4. Effect of Pharmacologic Interventions on Cholesterol Efflux Capacity.*

Ph	armacologic Intervention	No. of Patients	Percent Change in Cholesterol Efflux Capacity (95% CI)	P Value	
				vs. Baseline	vs. Placebo
T hi	iazolidinedione				
8	Pioglitazone	16	11.3 (1.8 to 20.8)	0.02	0.04
8	Placebo	23	0.0 (-6.2 to 6.1)	0.99	
Sta	itin				
	Pravastatin, 40 mg	23	-0.4 (-6.5 to 5.6)	0.88	0.71
B.	Atorvastatin, 10 mg	26	2.7 (-4.8 to 10.2)	0.47	0.81
a e	Atorvastatin, 80 mg	25	-2.5 (-9.1 to 4.1)	0.45	0.38
	Placebo	25	-1.1 (-6.5 to 4.2)	0.66	

N Engl J Med 2011;364:127-35

CHOLESTEROL EFFLUX CAPACITY, A NEW BIOMARKER WAS INVERSELY RELATED TO INCIDENCE OF CARDIOVASCULAR EVENTS

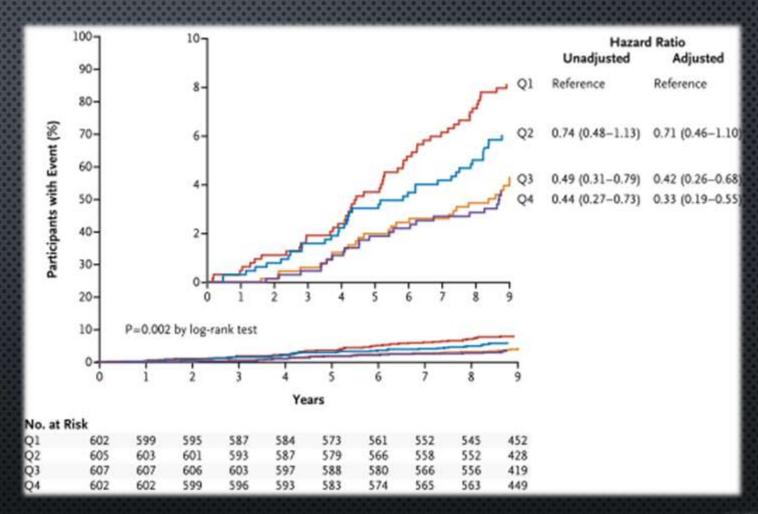
- Population based cohort
- BASELINE N=2924 ADULTS FREE FROM CARDIOVASCULAR DISEASE
- DALLAS HEART STUDY
- PRIMARY END POINT WAS ATHEROSCLEROTIC CARDIOVASCULAR DISEASE,
 - FIRST NONFATAL MYOCARDIAL INFARCTION, NONFATAL STROKE, OR CORONARY REVASCULARIZATION OR DEATH FROM CARDIOVASCULAR CAUSES
- FOLLOW UP 9.4 YEARS MEDIAN

End Point	All Participants (N=2416)			ty	Unadjusted Hazard Ratio (95% CI)	Adjusted Hazard Ratio (95% CI)†	
		Quartile 1 (N=602)	Quartile 2 (N=605)	Quartile 3 (N=607)	Quartile 4 (N=602)		
		no. of	participants				
Primary end point: atherosclerot- ic cardiovascular disease	132	49	35	26	22	0.44 (0.27–0.73)	0.33 (0.19-0.55)
Myocardial Infarction‡	28	11	6	4	7	_	_
Stroke‡	36	15	11	8	2	_	-
Coronary revascularization‡	26	14	7	2	3	_	-
Death from cardiovascular causes‡	42	9	11	12	10	-	



CHOLESTEROL EFFLUX CAPACITY, A NEW BIOMARKER WAS INVERSELY RELATED TO INCIDENCE OF CARDIOVASCULAR EVENTS

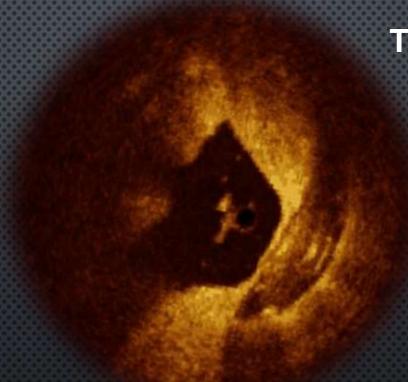
- Population based cohort
- BASELINE N=2924 ADULTS FREE FROM CARDIOVASCULAR DISEASE
- Dallas Heart Study
- PRIMARY END POINT WAS ATHEROSCLEROTIC CARDIOVASCULAR DISEASE,
 - FIRST NONFATAL MYOCARDIAL INFARCTION, NONFATAL STROKE, OR CORONARY REVASCULARIZATION OR DEATH FROM CARDIOVASCULAR CAUSES
- FOLLOW UP 9.4 YEARS MEDIAN





ACS have ↑↑↑ TCFA plaques

Optical coherence tomography



Thin-cap fibroatheroma

Diabetes vulnerable plaques

Lipids

Thin plaque cap & Thin

J Am Coll Cardiol Img 2009;2:339–49



BET BROMODOMAIN INHIBITOR, RVX-208, SHOWS REDUCTION OF ATHEROSCLEROSIS IN HYPERLIPIDEMIC APOE DEFICIENT MICE Western diet Univ café food

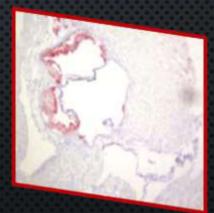
- HDL REDUCES CVD RISK THROUGH A PROCESS THAT INVOLVES FORMATION OF PRE-BETA PARTICLES
 - FACILITATES THE REMOVAL OF CHOLESTEROL FROM THE LIPID-LADEN MACROPHAGES IN THE ARTERIES
- BET BROMODOMAIN ANTAGONIST, RVX-208
 - RAISE APOA-I AND INCREASE PRE B -HDL PARTICLES
- HYPERLIPIDEMIC APOE -/- KO MICE
- EVALUATED AORTIC ATHEROSCLEROSIS IN 12 WEEK STUDY
 - 2-FOLD INCREASES IN THE LEVELS OF CIRCULATING HDL-C, AND ~50% DECREASES IN LDL
 - NO SIGNIFICANT CHANGES IN PLASMA APOA-I WERE OBSERVED







39% reduction





SUMMARY OF BASIC TRANSLATION RESEARCH RVX-

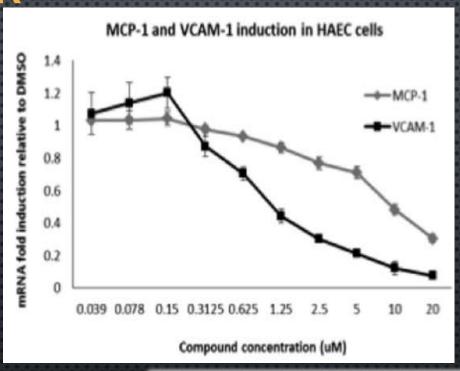
208, BET INHIBITOR

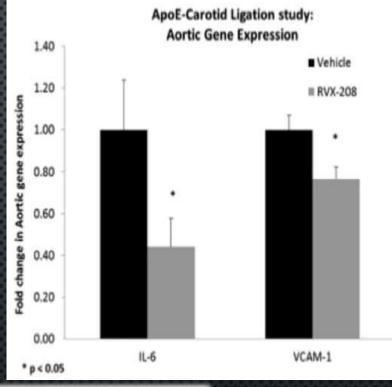
2 FOLD INCREASE HDL

REDUCES LDL BY 50%

REDUCES INFLAMMATION

REDUCES ADHESION MOLECULES





Mean levels of serum cytokines (ug/mL)

		31 27 27 27
Group	Haptoglobin	VCAM-1
Vehicle	128	2311
RVX-208	47	1911
p-value	0.001	0.004





Humans

2 trials: total of 499 subjects-received either 100 mg b.i.d. of RVX-208 (n = 331) or placebo (n = 168)

No significant changes in metabolic parameters (blood pressure, high-sensitivity C-reactive protein [hsCRP] and glucose)

Clinical trials-early



CLINICAL HUMAN TRIALS WITH RVX-208 (BET INHIBITOR

- SUSTAIN: DOCUMENTED
 STABLE CORONARY ARTERY
 DISEASE
- ASSURE STUDY (IVUS)

 PATIENTS WERE SCHEDULED

 TO UNDERGO CORONARY

 ANGIOGRAPHY FOR A

 CLINICAL INDICATION
- BOTH DOUBLE BLIND RANDOMIZED TRIALS FOR 26 TO 28 WEEKS

Trials evaluated: lipid, inflammatory and metabolic biomarkers as well as incidence of major adverse cardiac events (MACE) defined as death, nonfatal myocardial infarction, coronary revascularization and hospitalization for unstable angina or heart failure

Secondary outcome: HDL-c, ApoA-I and HDL-subclasses

The proApoA-I clinical data were collected in the SUSTAIN study

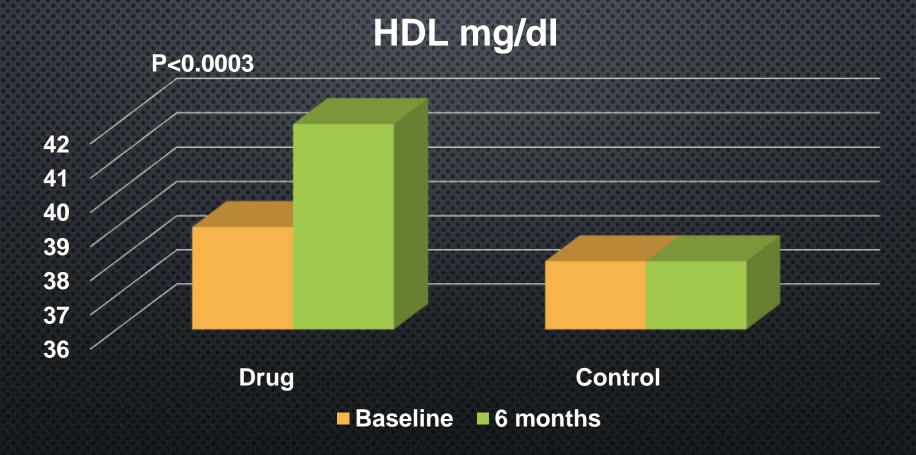
Primary human hepatocytes with microarrays





COMBINED TRIAL RESULTS

N=499





Atherosclerosis 247 (2016) 48-57

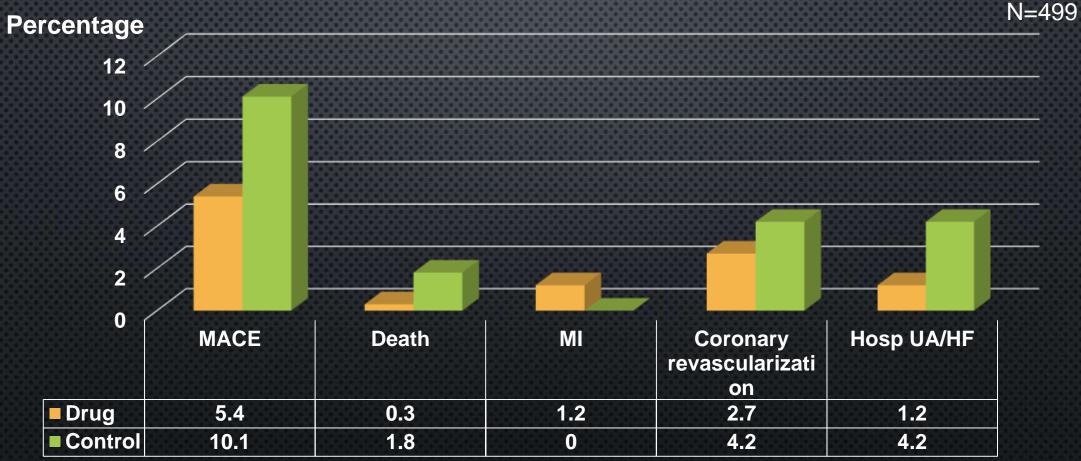
COMBINED TRIAL RESULTS

Table 1Combined analysis of the ASSURE and SUSTAIN phase II trials.

Biomarker	RVX-208 (n = 331)		Placebo (n = 166)		p value vs placebo
	Baseline	Change from baseline (%▲)	Baseline	Change from baseline (%▲)	hrace00
HDL-cholesterol (mg/dL)	39.0	+3.0 (+7.69)	38.0	0.0 (0.0)	0.0003
ApoA-I (mg/dL)	119.2	+12.3 (+10.3)	118.1	+4.8 (+3.8)	0.005
Large HDL particles (µmol/L)	2.4	+0.8 (+30.7)	2.1	+0.1 (+4.11)	0.03
HDL particle size (nm)	8.7	+0.1 (+1.16)	8.7	0.0 (0.0)	0.049
Total HDL particles (µmol/L)	27.2	+1.9 (+6.51)	26.9	+0.1 (+0.40)	0.07
LDL-cholesterol (mg/dL)	2.4	-0.2 (-10.8)	2.3	-0.2 (-8.05)	NS
Glucose (mmol/L)	5.8	+0.1 (+2.08)	5.7	+0.2 (+3.57)	NS
hsCRP (mg/L)	2.3	-0.36 (-28.4)	2.5	-0.33 (-22.4)	NS



PHASE II RESULTS: SUSTAIN & ASSURE COMBINED





Microarray analysis of RVX-208-induced gene expression changes in primary human hepatocytes

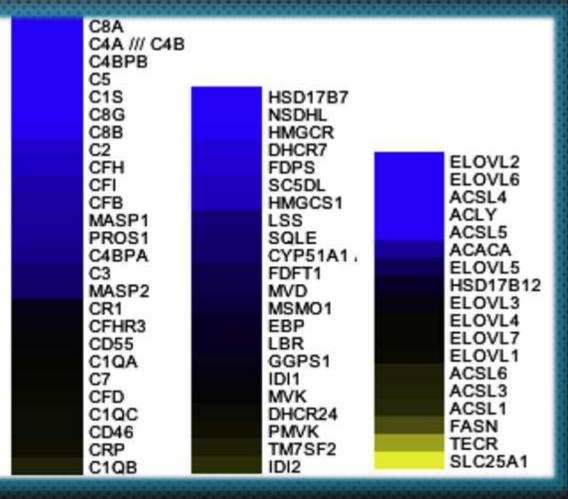


Diabetes microarrays

Cryopreserved human hepatocytes were treated with 30mM RVX-208

Reduce GI absorption of glucose-? SGLT 1 No change in incretins levels





Complement Cascade

Cholesterol Biosynthesis

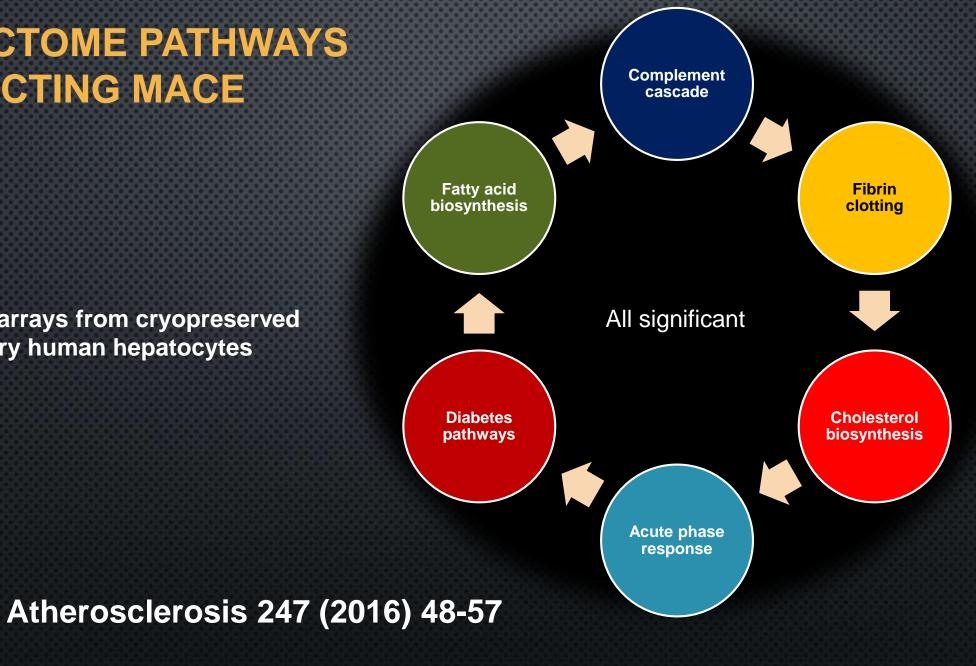
Fatty Acyl CoA
Biosynthesis

j.metabol.2016.03.002 Atherosclerosis 247 (2016) 48-57



REACTOME PATHWAYS IMPACTING MACE

Microarrays from cryopreserved primary human hepatocytes







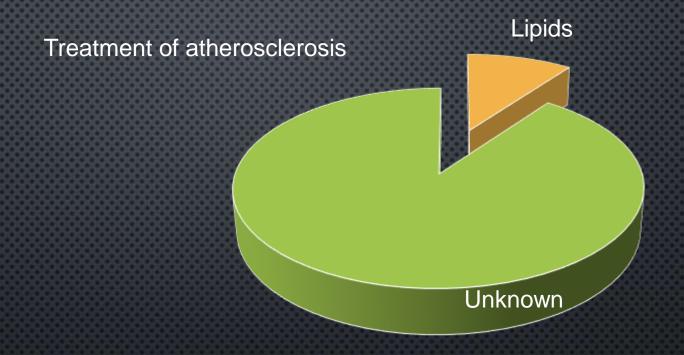
IVUS RESULTS-ASSURE TRIAL

- ELEVATED LIVER ENZYMES WAS OBSERVED IN RVX-208-TREATED PATIENTS (7.1 vs. 0%, P = 0.009)
- PRIMARY ENDPOINT, THE CHANGE IN PERCENT ATHEROMA VOLUME
 - CONTROL ARM: DECREASED 0.30% (P = 0.23 COMPARED WITH BASELINE)
 - RVX-208: 11.1% (P < 0.001 COMPARED WITH BASELINE)
 - LDL-C DECREASED BY 17.9% VS PLACEBO (P < 0.001 COMPARED WITH BASELINE)



No greater increase in apoA-I or HDL-C or incremental regression of atherosclerosis than administration of placebo

ClinicalTrials.gov identifier-NCT01067820.

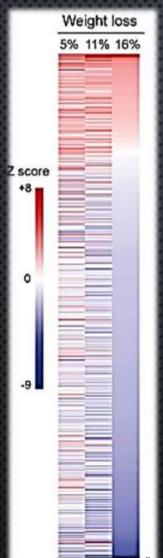


Closing comments

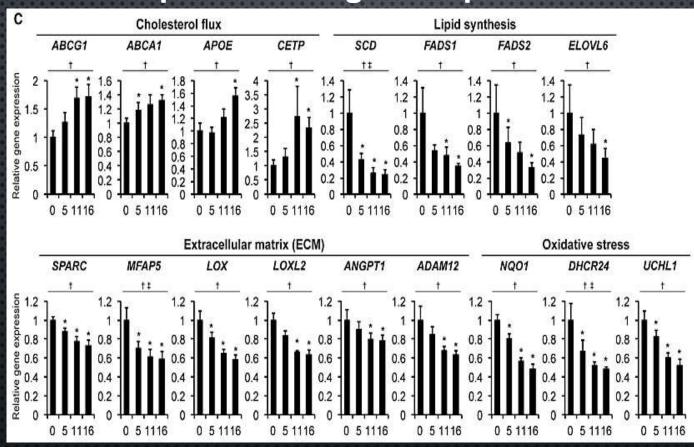


Weight loss in humans

40 Humans subjects



Adipose tissue gene expression



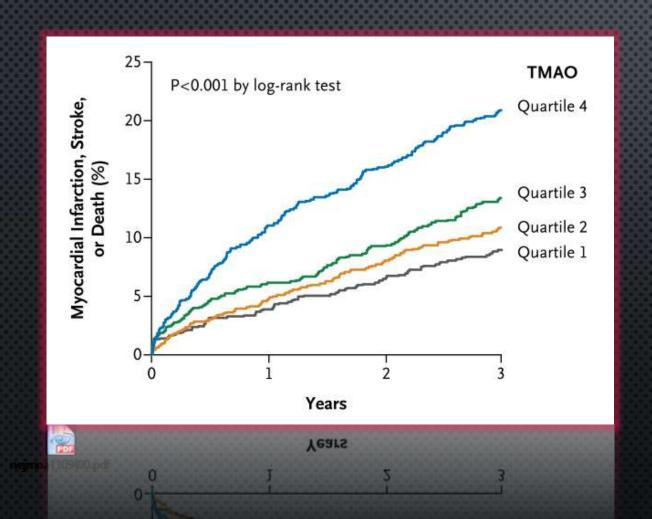


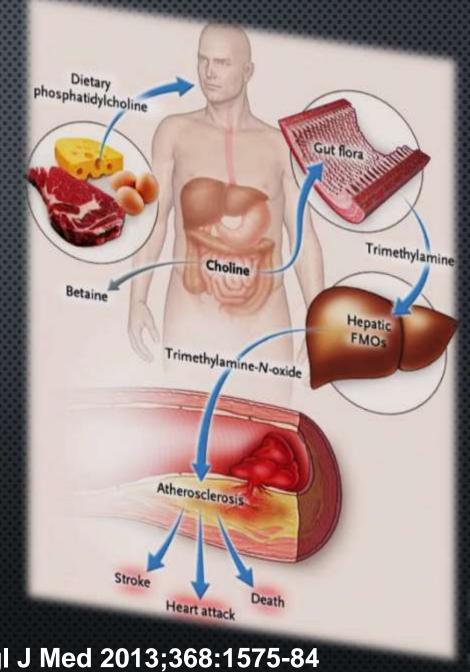
% weight loss



INTESTINAL MICROBIAL METABOLISM OF PHOSPHATIDYLCHOLINE AND CARDIOVASCULAR RISK

4007 adults undergoing cath







TAKE HOME MESSAGE

- CV EVENT REDUCTION
 - STATINS WORK!
 - PCSK9 STILL IN INVESTIGATION
 - BET INHIBITORS NOT READY
 - LIPIDS ARE ONLY A SMALL PIECE OF THE PIE
- TRANSLATIONAL MEDICINE REQUIRES MORE THAN A REDUCED "NUMBER"
- WEIGHT LOSS IS STILL THE MOST POWERFUL LIFE SAVING TREATMENT...BUT HARDEST

Answers to long life are in here







Thank you

