

Balancing Patient Care Influenced by OPP and Patient Care Guided by OPP

**Stacey Pierce-Talsma DO, MS,
FNAOME**

Disclosures

- **Speaker(s):** Stacey Pierce-Talsma, DO has disclosed that she has no relevant financial interest or other relationship with any manufacturer of commercial products or services.



Objectives

- Discuss patient care influenced by OPP ('thinking osteopathically') and patient care guided by OPP ('treating osteopathically')
- Consider impact of missed opportunities to 'treat osteopathically' upon patient care outcomes.



Discussion

- What does “thinking osteopathically” mean to you and how is it different from conventional medicine?



Discussion

- What does “treating osteopathically” mean to you?
- Is it different from “thinking osteopathically”?



Discussion

- What are barriers to “treating osteopathically”

Addressing Barriers



- Time

- No time to do diagnose/treat- short appointments
- No time on schedule for OMT appointments
- Time spent on EMR instead of treating



- Knowledge

- Physician insecurity
- Various techniques
- Seated techniques
- Disease specific considerations
- Contraindications
- CME availability

- OMT table

- No table
- Small room

- Reimbursement

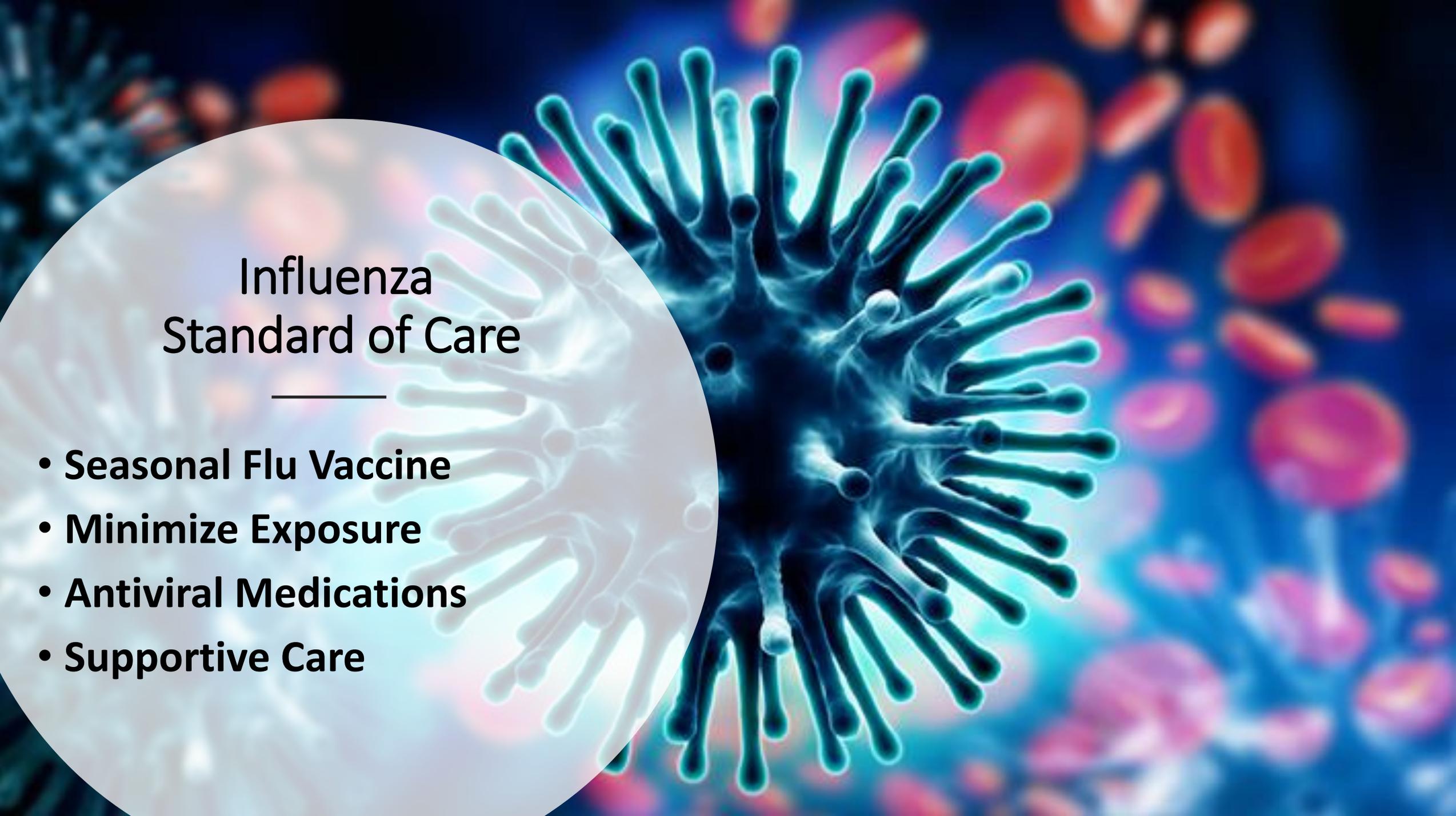
- How to bill and code appropriately
- MORE documentation
- Liability concerns
- Hospital privileges

- Evidence-Based

- Lack of resources
- Unsure of evidence basis
- Unproven benefit

- Patients/physicians

- Unfamiliarity
- Disinterest
- Precepting students

The background of the slide features a microscopic view of influenza virus particles. The particles are spherical and covered in numerous surface proteins, appearing as blue and green spikes. The background is a dark blue with blurred red and pink circular shapes, possibly representing other cellular components or blood cells.

Influenza Standard of Care

- **Seasonal Flu Vaccine**
- **Minimize Exposure**
- **Antiviral Medications**
- **Supportive Care**

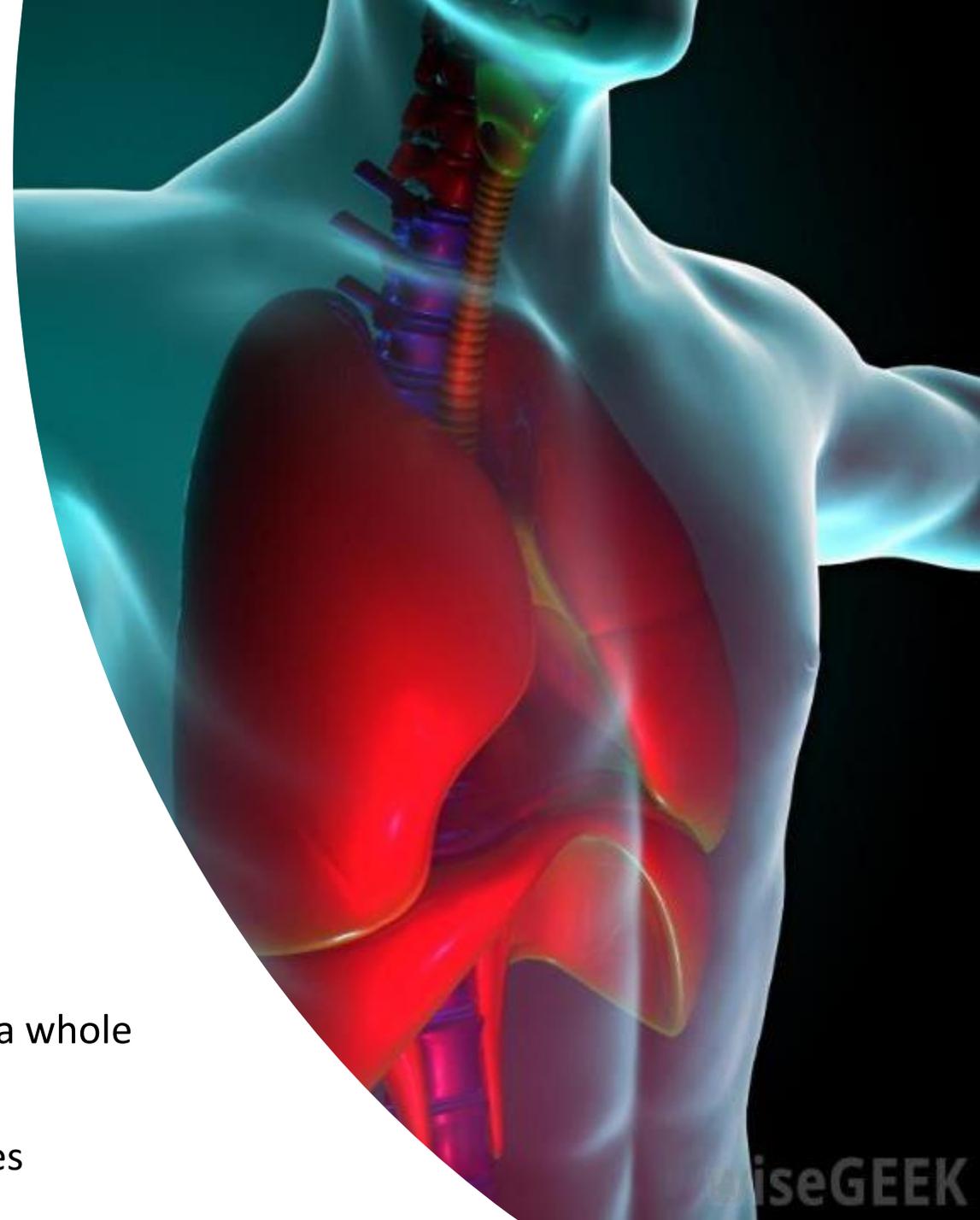
Influenza- Osteopathic Focused Treatment



- What physiology could we hope to effect with Osteopathic treatment in the care of patients with influenza?
- How could we include each Tenet?

Osteopathic Treatment

- **The body is a unit; mind, body, spirit**
 - Address life stressors, support systems
- **The body is capable of self-regulation, self healing, and health maintenance**
 - Autonomic balance
 - Lymphatic flow
 - Venous and arterial flow
- **Structure and function are reciprocally interrelated**
 - Biomechanics
 - Altered joint motion, muscular tightness, fascial restrictions
 - Acknowledge that mechanical stressors effect the system as a whole
- **Rational treatment is based on these**
 - Combine conventional care with OMT and holistic approaches



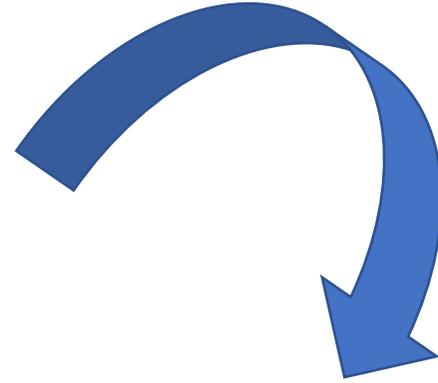
Osteopathic Manipulative Treatment



- What are 2-3 body regions you would consider treating with OMT in a patient with influenza?
- How long do you think this would take?



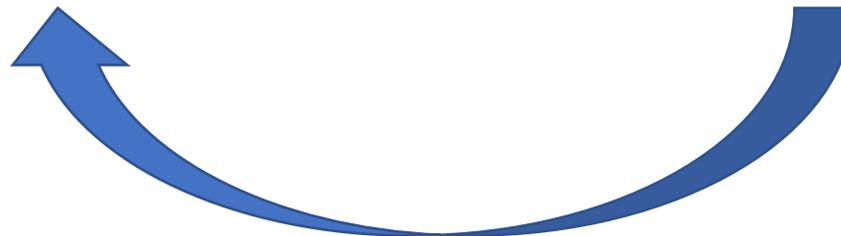
Rib Raising



Reduced tissue hypertonicity and joint hypomobility



Improved biomechanics of the rib cage and diaphragm



Improved Immunity



Improved respiratory mechanics, arterial, venous and lymphatic flow

Summary

Treating Osteopathically is different than thinking osteopathically

OMT is not just “sequential manipulative techniques” but expresses the philosophy in a clinical context

By utilizing OMT we embrace a holistic approach using all that modern medicine has to offer with the addition of being guided by our tenets

When we don't treat with OMT we lose a chance for patient optimization

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