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Post Acute Care (PAC)

• Inpatient Rehabilitation Facility (IRF)

• Home Health Care

• Long Term Acute Care Hospitals (LTACHs)

• Skilled Nursing Facilities (SNFs)
  ✓ 15,700 SNFs
  ✓ 1.8MM custodial residents
  ✓ 21% of all hospital Medicare discharges (2.3MM)
Long Term Acute Care Hospitals (LTACHs)

- Increased complexity of care
- Well suited ventilator dependent patients
- Minor surgical procedures can be performed
- Therapy is available
- Licensed as an acute care facility
- Mandated length of stay of 25 days or greater
- Approximately 420 LTACHs with over 27,000 beds
LTACHs – Future Concerns

• Increasing competition from other post acute care facilities
• Highest cost of care in the post acute care continuum
• Difficulty tying improved outcomes to LTACHs versus SNFs
• Of note, no LTACHs in the state of New York
1. 36.6% Male; 63.3% Female

2. 89% > 64yo

3. Average 3.2 comorbidities
FIVE ADLs: DRESSING, BATHING, TRANSFERING, TOILETING & EATING

Source: AHCA Quality Report, 2012
Shift From Volume to Value

- Accountable Care Organizations
  - 2010: 0 ACOS in U.S.
  - 2014: 72 million people in ACOs or MA
- Patient-centered medical homes
- Bundled payments
- Penalties for re-hospitalization
- PQRS-MACRA-MIPS
- Case Rates/Capitation

\[ V = \frac{Q + S}{C} \]

- \( V \): Value
- \( Q \): Quality
- \( S \): Service
- \( C \): Cost
Foundational Precepts

Medication Management

Advanced Care Planning
HIGH RISK PATIENTS

- Readmit rates
- Medication optimization and management
  - Up to 44% of 30 day readmits*

“There’s one piece of pie left. I’ll share it with you if you agree, in principle, that it’s mine.”
Readmits

• Very sick patients (3+ comorbidities)

• Poor transitions of care

• Paucity of clinical presence

• Poor clinical outcomes (READMITS 20%)
Model of Incremental Care

Clinical Example:

Case Study #2: 72 y/o female, s/p AVR post op CVA, s/p 2 vessel CABG, s/p right MCA CVA, new onset Afib, Class III heart failure, dysphagia, Rt hemiplegia, s/p feeding tube, HTN, CKD, DM

26 meds

6 admits in the last 11 months for CHF; very involved daughter
HIGH RISK PATIENTS

PALLIATIVE CARE MODELS

Old
- Life-prolonging care
- Medicare hospice benefit
- Diagnosis
- Death

New
- Life-prolonging care
- Palliative care
- Hospice care
- Bereavement

Source: Center to Advance Palliative Care
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“Keep your eye on Jim. He’s wearing his Friday face and it’s only Wednesday.”