



CREATING AWARENESS

SCENARIO 1

- You are extremely tired from a long night in ICU with several patients who were critically ill – 2 codes and 1 with advancing ARDS who was become more difficult to ventilate.
- You show up at morning report at 7 AM to set up and a first year resident is asking about whether to clean the ears in a person with Type 2 Diabetes before an orthopedic case begins, interrupting your already slow thought process.



HOW WOULD YOU FEEL?

- Happy
- Angry
- Happy
- Embarrassed
- Anxious
- Defensive
- Fearful

HOW WOULD YOU REACT?

- Body Language
 - Body reaction (flushing, tense, etc)
- Verbal assault
- How should you react in the future when you notice how you are feeling and your reaction?

SCENARIO 2.

- The following day, your chief critical care trainer is seemingly upset, and during ICU rounds is talking to you, your intern, and student that you had misdiagnosed heart failure as ARDS. He wanting to increase the dose of furosemide and the change the ventilator settings, despite the fact the patient has been improving under your care.



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SCENARIO 3

- A good friend asks you to attend a your undergraduate homecoming football game, along with associated activities. You really want to go back to the campus but you are scheduled on call for that weekend. You stop after morning report to ask another senior resident to trade call, and he yells at you, suggesting that you are not holding up your responsibilities and you failed to trade with him in the past.



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