

# **American College of Osteopathic Internists Internal Medicine Symposium Oct. 26-27, 2019 Baltimore, MD**

## **OBJECTIVES**

### **Practice Gap**

Internists and subspecialists have very busy practices, and the many and diverse needs of an aging population raise significant clinical demands which challenge physicians' ability to remain current. There are many positive trends in senior health that have occurred over the past year, such as a 7% decrease in preventable hospitalizations decreased (from 53.8 to 49.9 discharges per 1,000 Medicare enrollees), continuing a four-year decline. In addition, since 2013 hospital readmissions, hospital deaths, ICU use in the last six months of life, and hip fracture hospitalization in Medicare enrollees have all decreased. However, challenges remain: as a nation, obesity, nutrition and access to healthy food remain challenges for seniors. Obesity and food insecurity both increased, while Supplemental Nutrition Assistance Program (SNAP) reach and community support expenditures decreased.

This educational activity will seek to close the gap between current standards of care and best, evidence-based practices related to specific clinical areas that challenge both hospital-based and ambulatory internists.

### **Target Audience**

This activity has been designed for osteopathic internists, subspecialists and other health professionals attending the OMED 2019 meeting.

### **Learning Objectives**

After actively participating in this activity, the learner will be able to:

- Appreciate new and novel approaches to managing hyperlipidemia;
- Recognize the holistic benefits of newer modalities to treat diabetes;
- Critically analyze opportunities to improve patient safety and reduce errors;
- Evaluate the appropriate uses of cardiovascular testing;
- Improve care and experience of patients at families at the end of life.

### **Goal**

The goal of this activity is to provide osteopathic internists and subspecialists clinical updates in specific areas in order to provide better patient care.

### **Outcomes**

This activity will provide osteopathic internists and subspecialists updates in the areas of healthcare administration, internal medicine, palliative care medicine, geriatric medicine, Cardiology, endocrine, etc. and empowering them to provide improved care to their patients.

### **Accreditation and Credit Designation Statements**

The American College of Osteopathic Internists (ACOI) is accredited by the American Osteopathic Association to provide continuing medical education to physicians and has designated this live CME activity for a maximum of 13.75 AOA Category 1A Credits.

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Physicians should claim only the credit commensurate with the extent of their participation in the activity.

