OMM CLINIC VISIT [1442]

Diagnosis

OMM DIAGNOSIS

- Head region somatic dysfunction
- Nonallographic lesion of head region, not elsewhere classified
- Cervical segment dysfunction
- Nonallographic lesion of cervical region, not elsewhere classified
- Thoracic segment dysfunction
- Nonallographic lesion of thoracic region, not elsewhere classified
- Somatic dysfunction of lumbar region
- Nonallographic lesion of lumbar region, not elsewhere classified
- Somatic dysfunction of sacral region
- Nonallographic lesion of sacral region, not elsewhere classified
- Somatic dysfunction of pelvis region
- Nonallographic lesion of pelvic region, not elsewhere classified
- Somatic dysfunction of lower extremities
- Nonallographic lesion of lower extremities, not elsewhere classified
- Somatic dysfunction of upper extremities
- Nonallographic lesion of upper extremities, not elsewhere classified
- Rib cage region somatic dysfunction
- Nonallographic lesion of rib cage, not elsewhere classified
- Segmental dysfunction
- Nonallographic lesion of abdomen and other sites, not elsewhere classified

Progress Note

OMM PROGRESS NOTE

- TRH OMM VISIT NOTE

Patient Instructions

OMM PATIENT INSTRUCTIONS

- OMM PATIENT INSTRUCTION
- OMM BLANK PATIENT INSTRUCTION

Patient Education

OMM PATIENT EDUCATION

- NECK STRETCHES: EXERCISE AT YOUR WORKSTATION
- WORKSTATION, EXERCISES AT YOUR WORKSTATION, EYES, NECK, AND HEAD (ENGLISH)
- SHOULDER STRETCHES: REACH AND HOLD
- EXERCISES, NECK AND UPPER BACK, REACH AND HOLD (ENGLISH)
- SHOULDER STRETCHES: PENDULUM
- SHOULDER FLEXIBILITY, EXERCISES FOR: PENDULUM EXERCISE (ENGLISH)
- SHOULDER STRETCHES: SHOULDER AND UPPER BACK
- EXERCISES, NECK AND UPPER BACK, SHOULDER AND UPPER BACK STRETCH (ENGLISH)
- UPPER BACK STRETCHES: SHOULDER SQUEEZE
- EXERCISES, NECK AND UPPER BACK, SHOULDER SQUEEZE (ENGLISH)
- UPPER BACK STRETCHES: TRAPEZIUS
- HEAD TILT / UPPER TRAPEZIUS STRETCH (FLEXIBILITY) (ENGLISH)
- LOW BACK STRETCHES: KNEES TO CHEST
- LUMBAR STRETCH (FLEXIBILITY) (ENGLISH)
- LOW BACK STRETCHES: LUMBAR ROTATION
- LUMBAR ROTATION (ENGLISH)
- LOW BACK STRETCHES: SEATED LUMBAR FLEXION
- EXERCISES, BACK, LOWER BACK STRETCH (ENGLISH)
- LOW BACK STRETCHES: LUMBAR STRENGTHENING SEQUENCE
- BACK EXERCISES, LUMBAR (ENGLISH)
<table>
<thead>
<tr>
<th>Exercise</th>
<th>Description</th>
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<tbody>
<tr>
<td>LEG STRETCHES: HAMSTRING TOWEL</td>
<td>STRETCHES, LEG MUSCLE: HAMSTRING STRETCH (WITH TOWEL) (ENGLISH)</td>
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<tr>
<td>LEG STRETCHES: SEATED HAMSTRING</td>
<td>STRETCHES, LEG MUSCLE: HAMSTRINGS (SEATED) (ENGLISH)</td>
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<tr>
<td>LEG STRETCHES: IT BAND</td>
<td>ILiOTIBIAL BAND SYNDROME, TREATMENT FOR (ENGLISH)</td>
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<td>LEG STRETCHES: PIRIFORMIS STRETCH</td>
<td>HIP ROTATION (FLEXIBILITY) (ENGLISH)</td>
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<tr>
<td>LOWER EXTREMITIES: GLUTEAL SETS AND HEEL SLIDES</td>
<td>GLUTEAL EXERCISES-TRH</td>
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**Follow-Up**

<table>
<thead>
<tr>
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<tbody>
<tr>
<td>Return in 2 weeks for follow-up</td>
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<tr>
<td>Return 1 month for follow-up</td>
<td>Follow Up</td>
</tr>
<tr>
<td>Return in 2 months for follow-up</td>
<td>Follow Up</td>
</tr>
<tr>
<td>Return in 3 month for follow-up</td>
<td>Follow Up</td>
</tr>
<tr>
<td>Follow up PRN</td>
<td>Follow Up</td>
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<tr>
<td>Next available appointment</td>
<td>Follow Up</td>
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**LOS/Treatment**

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<tr>
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<td>IMP EP4</td>
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<tr>
<td>IMP EP5</td>
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<tr>
<td>HB OSTEOPATHIC MANIP (1-2 AREAS)</td>
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<tr>
<td>HB OSTEOPATHIC MANIP (3-4 AREAS)</td>
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<tr>
<td>HB OSTEOPATHIC MANIP (5-6 AREAS)</td>
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Follow-Up

TRH OMM FOLLOW-UP

- Return in 2 weeks for follow-up
- Return 1 month for follow-up
- Return in 2 months for follow-up
- Return in 3 months for follow-up
- Follow up PRN
- Next available appointment

LOS/Treatment

OMM LOS & TREATMENT

- IMP EP3
- IMP EP4
- IMP EP5
- HB OSTEOPATHIC MANIP (1-2 AREAS) [51010199]
- HB OSTEOPATHIC MANIP (3-4 AREAS) [51010285]
- HB OSTEOPATHIC MANIP (5-6 AREAS) [51010286]

Additional SmartSet Orders

You can search for an order by typing in the header of this section.
☐ NECK STRETCHES: EXERCISE AT YOUR WORKSTATION
☐ SHOULDER STRETCHES: REACH AND HOLD
☐ SHOULDER STRETCHES: PENDULUM
☐ SHOULDER STRETCHES: SHOULDER AND UPPER BACK
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☐ LEG STRETCHES: HAMSTRING TOWEL
☐ LEG STRETCHES: SEATED HAMSTRING
☐ LEG STRETCHES: IT BAND
☐ LEG STRETCHES: PIRIFORMIS STRETCH
☐ LOWER EXTREMITY: GLUTEAL SETS AND HEEL SLIDES