From President Good

Helping Members Cope with Change

Change creates, among other things, stress. One thing we are assured of in the coming year is change. However, the exact nature of the change is still unknown.

Furthermore, congressional inaction with budgetary concerns will create further future questions.

Change and concerns for the future create stress. The change in compensation formulas and new EMRs may create longer hours which may add to physician burnout. While healthcare reform may eventually be good for our patients and for the practicing physician, in the short run it is causing health issues for the physician.

As physicians we need to be aware of our environment and the personal risk for burnout. Fatigue and personal factors need to be realistically acknowledged so that they can be countered with behavior to improve health. Just as we counsel our patients.

We can control many of the stress-causing issues. Usually these are not related to complicated patient medical problems, but rather result from paperwork or administrative disagreements. We often feel there is not enough time to exercise or get enough sleep.

The ACOI recognizes the important resource that our members are for their communities. We can provide support

continued on page 2

March 13-17, 2013

Challenges in Inpatient Care Returns

Registration is open for ACOI’s CME program for hospitalists and others: Clinical Challenges in Inpatient Care, which will take place March 13-17 at the Sheraton Lake Buena Vista Resort in Orlando, FL.

The program will provide more than 24 1A CME credits in internal medicine in a relaxing setting amid the family-oriented activities of Orlando.

Designed by Frederick A. Schaller, DO, Joseph J. Namey, DO, and the Hospitalist Task Force, the education program will include sessions on the preoperative risk assessment, auto-immune markers, hypercoagulability, endocarditis, seizures, an ECG Challenge and more. Please note that new AOA guidelines permit members to use early 2013 CME credits to fulfill the requirements of the 2010-2012 CME cycle. A complete agenda is on page 5.

Registration materials are available via the College’s website, www.acoi.org or by calling 1-800-327-5183.

March 13-17, 2013

Review Course Provides Essential Exam Preparation

Registration is open for the 2013 ACOI Internal Medicine Board Review Course, which will take place, March 13-17 at the Sheraton Lake Buena Vista Resort in Orlando, FL. The course is a comprehensive review of general medicine and each of the subspecialties. It is an excellent way for practicing physicians to update their medical knowledge, as well as an essential part of the preparation process for the certifying and recertifying examinations in internal medicine. Special emphasis is placed on recent advances in various subspecialty areas and on clinical skills management as they pertain to clinical practice and the examinations. Attendance at the review course meets the requirement that osteopathic internal medicine residents must attend one ACOI education program during the course of their training.

Guest rooms are available at the Sheraton Resort for $159 a night, plus taxes. Registration materials are available on www.acoi.org, or by calling 1-800-327-5183.

Funding in part for ACOI Information has been provided by Purdue Pharma, L.P.
Letter from the President
continued from page 1

to our members in several ways:

• Continuing Medical Education provides time to get away and refresh the brain’s thoughts and ideas, and allows social time to interact with our professional colleagues.

• Professional development through the new ACOI leadership course will help physicians to improve leadership skills, which should lead to improved job satisfaction. Part of this course is improving conflict resolution skills.

• Members supporting members, as who else understands the dilemmas that an osteopathic internal medicine physician goes through better than our own colleagues? Our ACOI Board is there for you and we can provide resources to help meet your needs.

• Improving job satisfaction and lifestyle through the Phoenix Physician. The technique of managing in healthcare teams to provide high quality care should be very stimulating and reduce individual physician demands.

We want to support our membership by encouraging employers to provide adequate ancillary support staff. We want to help you feel fulfilled as physicians. We urge opportunities for wellness interactions and logical call hours, to reduce fatigue and potential errors.

We must take care of ourselves so we can continue to provide needed healthcare leadership for the future. I am an actively-practicing primary care internist who wants to help our membership transition through the difficult time ahead. Through the strength of our profession, we can do this together.

If you need help that the ACOI can assist you with, please contact me at President@ACOI.org.

[Signature]

Coping with Coding

The information provided here applies to Medicare coding. Be sure to check with local insurance carriers to determine if private insurers follow Medicare’s lead in all coding matters.

Fiscal Cliff Law Impacts Medicare Participation Options

The 2013 Annual Participation Enrollment Program allowed eligible physicians, practitioners, and suppliers an opportunity to change their participation status by December 31, 2012. Given the enactment of the “American Taxpayer Relief Act of 2012 (H.R. 8), CMS announced that it will extend the 2013 Annual Participation Enrollment Program through February 15. Therefore, participation elections and withdrawals must be post-marked on or before this date. The effective date for any participation status changes elected by providers during the extension remains January 1, 2013.
“Fiscal Cliff” and Medicare Cuts Temporarily Averted

The Senate and House approved the “American Taxpayer Relief Act of 2012” (H.R. 8) by votes of 89-8 and 257-167, respectively, on January 1. The President signed the Act into law on January 2.

The Act extends the 2012 Medicare physician payment rates through December 31. As a result, the 26.5 percent reduction scheduled for January 1 was averted. H.R. 8 provides for a zero percent update for claims with dates of service on or after January 1 through December 31. According to the Centers for Medicare and Medicaid Services (CMS), Medicare claims administration contractors will be posting the Medicare physician fee schedule payment rates on their websites no later than January 23. The 2013 conversion factor is $34.0230.

The non-partisan Congressional Budget Office (CBO) estimates that the one-year freeze will cost approximately $25 billion over ten years. To partially offset this cost, Congress reduced Medicare and Medicaid funding to hospitals and other providers by approximately $10.5 billion. These savings are accomplished through documentation and coding adjustments under Medicare’s inpatient prospective payment system. In addition, changes were made to Medicare’s end-stage renal disease bundled payment system to save approximately $4.9 billion over 10 years. While scored as budget neutral, H.R. 8 also repealed the Community Living Assistance Services and Supports (CLASS) Act, which was created under the Patient Protection and Affordable Care Act (PPACA, Pub. Law 111-152). H.R. 8 did not repeal the Medicaid primary care payment increase provision for in the PPACA. It is, however, likely to be part of future cost-cutting discussions.

H.R. 8 delays across-the-board cuts to federal spending, referred to as sequestration, through March 1. Under current law, physicians will be limited to a two percent reduction in reimbursement under Medicare if sequestration is allowed to take effect. It is certain that additional reductions impacting physicians and their patients will be part of the discussions to address the current federal debt ceiling and sequestration. The ACOI will continue to monitor congressional negotiations that would impact access to care.

House Rules Address IPAB

Following the convening of the 113th Congress, the House adopted the rules (H.Res. 5) under which it will operate for the next two years. Included in the rules package is a provision that addresses the Independent Payment Advisory Board (IPAB) established under the PPACA. IPAB is a 15 member panel created to come up with ways to restrict Medicare spending growth if it reaches a certain target. Its recommendations would automatically become law without prescribed congressional intervention.

H.Res. 5 as adopted eliminates PPACA’s requirement that a replacement bill for the IPAB save equal amounts of Medicare money. In addition, it undoes the limitations for floor consideration provided for in the PPACA. To date, no members of the IPAB have been nominated or confirmed.

ACOI Responds to Newtown, Connecticut Tragedy

In response to the tragic events in Newtown, Connecticut and elsewhere, the ACOI has joined with a number of other physician organizations in recognizing the devastating consequences of gun violence and called on President Obama and Congress to act.

The increased firepower of assault weapons, semi-automatic firearms, high-capacity magazines, and high velocity ammunition heightens the risk of multiple gunshot wounds and severe penetrating trauma that results in more critical injuries and death. To this end, the organizations called on Congress to renew and strengthen the assault weapons ban, including banning high-capacity magazines. In addition, the letter states that physicians should be able to have frank discussions with their patients and parents of patients about firearm safety issues and risks to help them safeguard their families from accidents. Finally, the letter supports increased funding for research in violence prevention and gun-related injuries and deaths.

CMS Program Identified and Prevented $115 Million in Fraud

CMS announced that the newly-operational Fraud Prevention System helped stop, prevent, or identify roughly $115 million in fraudulent payment during its first year of operation. According to CMS, the system helped identify 536 leads that have lead to 511 ongoing investigations. The system uses predictive modeling and data analytics to review all Medicare fee-for-service claims for indications of fraud.

Washington Tidbits:
Different Times, Different Divisive Issues, Common Resolve....

The 113th Congress has been sworn in and party lines have been drawn. The electoral votes have been tallied and President Obama will be sworn in for a second term on January 20. Awaiting Congress and the President are issues over which there are deep divisions and no easy answers. The manner in which these matters are handled will impact generations to come and shape the direction of our Nation.

While at times it appears that Congress is intractably mired in its own inaction and insurmountable conflicts, perhaps there is hope. With a looming Civil War and some of the Nation’s darkest days on the horizon, President Abraham Lincoln delivered his first inauguration speech on March 4, 1861. In concluding his comments he said, “I am loath to close. We are not enemies, but friends. We must not be enemies. Though passion may have strained, it must not break our bonds of affection. The mystic chords of memory, stretching from every battlefield, and patriot grave, to every living heart and hearthstone, all over this broad land, will yet swell the course of the Union, when again touched, as surely they will be, by the better angels of our nature.” With the 2012 elections in the books, it is now time to work for the common good of the Nation and its people.
ACOI 2013 Clinical Challenges in Inpatient Care
REGISTRATION FORM
Sheraton Lake Buena Vista Resort • March 13-17, 2013
Registration available online at www.acoi.org/CMEHospitalMedicineUpdate.html.

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Payment Method  ☐ Check to ACOI  ☐ MasterCard  ☐ Visa
Name on Card
Signature
Credit Card Number
Credit Card Exp. Date

Send this form and payment to:

ACOI Office
11400 Rockville Pike, Suite 801
Rockville, MD 20852
or Fax to 301 231-6099
or register online at www.acoi.org

NOTE: All registrations must be accompanied by a check for payment in full or appropriate credit card information. A processing fee of $50 will be charged for cancellations received at any time. In order to obtain a refund, written cancellations must be received by February 20, 2013. No refunds will be made after that date, but registration fees (less $50 cancellation fee) may be applied to a future ACOI meeting registration.

☐ PLEASE NOTE: Check here if you plan to stay at the Sheraton Lake Buena Vista Resort. Separate hotel registration is required. This does not register or guarantee a room at the hotel.

☐ SPECIAL NEEDS: In accordance with the Americans with Disabilities Act, every effort has been made to make this conference and activities accessible to people of all capabilities. Please list specific special assistance needed or any dietary restrictions or contact Susan Stacy at susan@acoi.org or by phone, 301 231-8877.
List special requirements here:______________________________________________________________________
2013 Challenges in Inpatient Care  
March 13-17 • Orlando, Florida

WEDNESDAY, MARCH 13
6:00-7:30 pm  WELCOME RECEPTION

THURSDAY, MARCH 14
7:30-8:00 am  REGISTRATION
8:00-8:15 am  Welcome and Introduction - Frederick A. Schaller, DO, F ACOI
8:15-9:15 am  Preoperative Risk Assessment: ACC Guidelines and Evidence for Use of BBlockers/Statins - Robert M. Bender, DO, FACOI
9:15-10:15 am  ECG Challenge - Frederick A. Schaller, DO, FACOI
10:15-10:30 am  BREAK
10:30 am-Noon  Transitioning Care: Best Practices - Robert T. Hasty, DO, FACOI
Noon-1:00 pm  LUNCH
1:00-2:00 pm  Case Challenges in the Hospital - Robert T. Hasty, DO, FACOI
2:00-3:00 pm  Being The Best and Letting Them Know - Larry Feinman, DO, FACOS
3:00-3:15 pm  BREAK
3:15-4:15 pm  Ventilator Complications, Evaluation and Management - Anthony N. Ottaviani, DO, MACOI
4:15-5:15 pm  Interpretation and Implications of PFT - Anthony N. Ottaviani, DO, MACOI

FRIDAY, MARCH 15
8:00-9:00 am  Hypercoagulability - Kevin P. Hubbard, DO, FACOI
9:00-10:00 am  CKD in the Hospital Setting: Screening, Monitoring and Evaluating - Jack E. Prior, DO, FACOI
10:00-10:15 am  BREAK
10:15-10:45 am  HIT - Kevin P. Hubbard, DO, FACOI
10:45-11:45 pm  Hyponatremia/Hypernatremia: Evaluation and Treatment - Jack E. Prior, DO, FACOI
11:45 am-12:45 pm  LUNCH
12:45-1:45 pm  Emerging Pathogen Resistance In Hospitals - Cindy Hou, DO, FACOI
1:45-2:45 pm  Hottest Joints in Town - Robert L. DiGiovanni, DO, FACOI
2:45-3:00 pm  BREAK
3:00-4:00 pm  Endocarditis: Screening, Empiric and Directed Therapy - Cindy Hou, DO, FACOI
4:00-5:00 pm  Making Sense of Autoimmune Markers - Robert L. DiGiovanni, DO, FACOI

SATURDAY, MARCH 16
8:00-8:45 am  Acute Adrenal Insufficiency - Jeffrey Freeman, DO, FACOI
8:45-9:45 am  Common Dermatologic Expressions of Medical Illness - Frank Armstrong, DO, FACOD
9:45-10:30 am  Role of Insulin and Oral Agents in Management of the Hospitalized Diabetic - Jeffrey Freeman, DO, FACOI
10:30-10:45 am  BREAK
10:45-11:30 am  Acute Dermopathies in Hospitalized Patients - Frank Armstrong, DO, FACOD
11:30 am-12:15 pm  Nutrition in the Hospitalized Patient - John. B. Bulger, DO, FACOI
12:15-1:15 pm  LUNCH
1:15-2:15 pm  VBP Update - John. B. Bulger, DO, FACOI
2:15-3:15 pm  Acute CVA: BP Management and the Role of Anticoagulation - Scott L. Spradlin, DO, FACOI
3:15-3:30 pm  BREAK
3:30-4:30 pm  Seizures in the Hospitalized Patient: Presentation, Screening and Therapy - Scott L. Spradlin, DO, FACOI
4:30-5:30 pm  End of Life Care in the Hospital - Speaker TBA

SUNDAY, MARCH 17
8:00-9:00 am  Journal Club 1 - Scott L. Girard, DO, FACOI
9:00-10:00 am  CT Abdomen Challenge - Harvey Weiner, DO, FSIR
10:00-11:00 am  Journal Club 2 - Scott L. Girard, DO, FACOI
11:00 am-Noon  CXR Challenge - Harvey Weiner, DO, FSIR

IRA Tax Break
continued from page 8

This is good news for generous Americans. Retirement plan assets typically are subject to a heavy tax burden. Please act quickly if you want to make a rollover gift to ACOI. The “fiscal cliff” has given us a win-win situation: a special tax break for individuals and a special recipient break for ACOI. Contact your IRA administrator or a tax professional to get the latest advice on how this opportunity would apply specifically to you. If you do not need a charitable distribution for personal use, please consider making a charitable gift to ACOI.

Member Milestones

ACOI Immediate Past President, Jack D. Bragg, DO, FACOI, represented the AOA on January 10 at a Hepatitis C Recommendation Provider Implementation Panel hosted at the Centers for Disease Control and Prevention headquarters in Atlanta. The panel discussion focused on the implementation of the CDC’s new recommendations for a one-time hepatitis C test for all persons born in the U.S. during 1945-1965. Dr. Bragg is a gastroenterologist practicing at the University of Missouri School of Medicine in Columbia.

Robert Jackson, DO, FACOI, was recognized as a Leading Physician of the World by the Premier Specialty Network. Dr. Jackson is a rheumatologist with a practice in Columbia, MO.

Research in Brief

Timothy R. Craig, DO, FACOI was lead author of WAO (World Allergy Organization) Guideline for Management of Hereditary Angioedema, which appeared in the December, 2012 issue of World Allergy Journal (Volume 5; Issue 12). Dr. Craig is an allergist on the faculty of the University of Pennsylvania in Hershey. He is a former member of the American Osteopathic Board of Internal Medicine.
PROFESSIONAL OPPORTUNITIES

SEEKING BC/BE PHYSICIANS– Oregon. Oregon State Hospital is looking for BC/BE physicians. We have it all! Oregon State Hospital is a brand new hospital that incorporates modern architecture, treatment spaces, and technologies. Our Medical Clinic provides general medical care for psychiatric in-patients at both Salem and Portland campuses. A generous and comprehensive benefit and PERS retirement package is included as well as opportunities to have an academic appointment with the Oregon Health Sciences University.

Monday – Friday work week is available, with the potential for compensated night and weekend call.

Contact by Phone: (503) 945-2887; email: lila.m.lokey@state.or.us; www.oregon.gov/OHA/mentalhealth/osh. The State of Oregon is an Equal Opportunity Employer.

SEEKING BC/BE INTERNIST– Washington. Northside Internal Medicine / Columbia Medical Associates is currently seeking a BC/BE Internist to join our Northside Internal Medicine Group in Spokane, Washington to meet our increased service utilization. We are a group of nearly 40 multispecialty physicians providing comprehensive medical care to families and individuals of all ages within the Spokane region. The position offers the following:

• Flexible schedules and outstanding teams make this opportunity worth exploring.
• Competitive Salary and Generous Benefit Packages
• Conveniently located only two blocks from Holy Family Hospital
• Established relationship with local hospitalist group for admitting, rounding, and discharge

Our physicians are committed to maintaining the health and well being of all their patients through preventive care measures and working closely with community specialists. Our new partnership with Group Health and collaborative care models ensure patients have access to the best care in Spokane.

Northside Internal Medicine, (509) 489-7483, itself has 5 physicians (mixed DO and MD) and 2 Nurse Practitioners. We do Outpatient Care with limited call schedule. There are plenty of opportunities for cultural and outdoor activities in your spare time.

Mary Schaefer Badger, DO, FACOI; H. Kennedy Cathcart, DO, FACE.

To apply or inquire for further information please contact Nancy Longcoy, Physician Recruiter. Email at Longcoy.n@ghc.org; phone 206-448-6132.

INTERNAL MEDICINE OSTEOPATHIC PROGRAM FACULTY– North Carolina. Osteopathic Internal Medicine Program Faculty - Blue Ridge HealthCare Graduate Medical Education Department is seeking highly qualified Internal Medicine Program Faculty to train the next generation of osteopathic internists. The Internal Medicine program at Blue Ridge HealthCare is the only osteopathic medicine residency program in Western North Carolina and is affiliated with The Edward Via College of Osteopathic Medicine.

Located in Morganton, North Carolina, minutes off of the I-40 corridor in the beautiful foothills of Western NC, Grace Hospital is just 1 hour NW of Charlotte, NC, and 1 hour to the east of Asheville, NC. For over a century, the independent, not-for-profit mission of Grace Hospital, the primary teaching facility of Blue Ridge HealthCare, has remained faithful to its goal: to provide advanced, affordable healthcare for the residents of Burke County. Grace Hospital and Blue Ridge HealthCare are affiliated with Carolinas HealthCare System.

Interested applicants should send a cover letter and CV for immediate consideration: Richard Litwin, Administrative Director, CKHN Surgical Specialty, Physician Recruiter, Crozer Keystone Health Network, Crozer Keystone Health Network, 2602 West 9th Street; 2nd floor M.O.B., Chester, PA 19014. Tel: 610-497-7428 fax: 610-497-7404.

INTERNAL MEDICINE PHYSICIAN– Arizona. Would you like to be part of an Internal Medicine group located in the picturesque Cottonwood/Sedona Arizona? We are seeking an Internal Medicine Physician to join our team (MD or DO).

• Practice demographic is retirement age
• Patient base established
• Work alongside a team of medical professionals
• Must be willing to participate in a group call schedule
• Board Certification required or Board Eligible
• Competitive package
• Participate in rotating in-patient and outpatient call schedule
• Partnership available or employment model available
• Serious inquiries only

For further details, please submit your CV with work history to cottonwood.human.resource@gmail.com
Program Faculty are responsible for providing resident clinical education in both the inpatient and outpatient setting along with teaching medical students. Additionally, faculty provide direct care to patients in the teaching clinic. Minimum qualifications include being certified in internal medicine by the American College of Osteopathic Internists, hold a valid NC license or be eligible for NC licensure and have 1 – 3 years of clinical practice experience. Candidates with previous academic experience will be given preference. All offers are subject to background checks and reference reviews.

For more information or to submit your CV, please contact, Autumn Fincher, Director, Physician Recruitment at afincher@blueridgehealth.org or at 828-580-5693.


MULTIPLE POSITIONS – New Jersey. Hospitalist/ Night Float Position Available for a Board Certified/ Eligible Internist/ Family Practitioner to join a medicine based Hospitalist group in Bergen County, NJ at a prestigious, nationally ranked institution. Position is for a Night Float physician with No Call. The position offers an excellent compensation package including Medical Insurance and 401K as well as a highly competitive salary. To apply or inquire for further information about this opportunity please contact Timothy Hermansen. E-mail: timothy.hermansen@yahoo.com Phone: 973-653-9898.

Daytime Hospitalist Position Available for a Board Certified/ Eligible Internist/ Family Practitioner to join a medicine based Hospitalist group in Bergen County, NJ at a prestigious, nationally ranked institution. Daytime hours with No Call. The position offers an exceptional compensation/benefit package including Medical Insurance and 401K, as well as a competitive salary including productivity bonuses. To apply or inquire for further information about this opportunity please contact Timothy Hermansen. E-mail: timothy.hermansen@yahoo.com Phone: 973-653-9898.

P/T Hospitalist Position Available for a Board Certified/Board Eligible Internist/Family Practitioner to assist with medical rounds on weekends at an acute rehabilitation hospital. Multiple shifts available on both Saturdays and Sundays of each month. Competitive hourly reimbursement. To apply or inquire for further information about this opportunity please contact Timothy Hermansen. E-mail: timothy.hermansen@yahoo.com Phone: 973-653-9898.

P/T Hospitalist Position Part-time Daytime position with Full time Benefits. Daytime hours typically 10AM – 3PM Monday through Friday with No Call and some weekend coverage. Position available for a Board Certified/Board Eligible Internist/Family Practitioner to assist with medical rounds at an acute rehabilitation hospital. The position offers exceptional benefits including Medical Insurance and 401K, as well as a competitive salary and with productivity bonuses. To apply or inquire for further information about this opportunity please contact Timothy Hermansen. E-mail: timothy.hermansen@yahoo.com Phone: 973-653-9898.

MULTIPLE POSITIONS – Virginia. Liberty University College of Osteopathic Medicine is currently seeking candidates for the full-time positions of Associate Dean for Clinical Affairs, Chair Department of Primary Medicine, Chair Department of Specialty Medicine, Chair Osteopathic Manipulative Medicine/Osteopathic Principles and Practices, Chair Structural and Functional Sciences, Chair Molecular and Cellular Sciences, and Chair Patho-Physiology and Applied Pharmacology. Interested candidates may e-mail their resumes to: Ronnie B. Martin, DO, FACOFP-dist, Dean, Proposed College of Osteopathic Medicine, rbmartin4@liberty.edu, and/or apply on-line at www.liberty.edu/HR. Liberty University is an EOE.
Congress Provides Tax Break for IRA Distributions

A provision of the “fiscal cliff” legislation that President Obama signed into law (American Tax Relief Act of 2012) on January 2, 2013 may be of interest to College members over the age of 70. It has the potential to benefit both members and the ACOI.

Specifically, those with an individual retirement account (IRA) can make a charitable deduction to ACOI through an IRA charitable distribution. This is important for those who must take mandatory distributions from their IRAs. The advantage to you is that as an individual you may exclude the amount of the distribution from your gross income. This provision is time-limited and distributions must be made before January 31, 2013, for the 2012 tax year, or December 31, 2013 for the current year.

The law has a special provision for making a 2012 tax-free charitable gift to ACOI from your IRA under certain circumstances. The term, “qualified charitable distribution,” is used in the law to describe a charitable rollover. It is money that individuals who are 70 1/2 years or older may direct from their IRA accounts as gifts to charitable organizations. The underlying purpose of the law is to alleviate tax burdens for older Americans. The extension allows individuals who received an IRA distribution in December, 2012 to elect to count that distribution (or a portion thereof) as a 2012 charitable rollover if the amount in cash is transferred to a charity by January 31, 2013.

continued on page 6