

American College of Osteopathic Internists Internal Medicine Symposium Oct. 26-27, 2019 Baltimore, MD

OCTOBER 26, 2019

American College of Osteopathic Internists
Internal Medicine Symposium
Annette T. Carron, DO, FACOI, President
John B. Bulger, DO, MBA, MACOI, Program Chair

MORNING SESSIONS

Endocrine

- 8:00 – 8:05 am Welcome and Introductions
John B. Bulger, DO, MBA, Moderator
- 8:05 - 9:00 am Benefits of Fish Oil
Jeffrey S. Freeman, DO, FACOI
- 9:00 - 10:00 am CVD protection with Diabetic Agents
Jack L. Snitzer, DO, FACOI
- 10:00 – 11:00 am Oral GLP-1 Receptor Agents
Jeffrey S. Freeman, DO, FACOI
- 11:00 – 11:55 am Side Effects of Diabetes Medications:
What's Common, What's Not
Jack L. Snitzer, DO, FACOI
- 11:55 am – 12 pm Q&A with Speakers
- 12:00 pm – 1:30 pm **Lunch Break**

AFTERNOON SESSIONS

Internal Medicine

- John B. Bulger, DO, MBA, FACOI, Moderator*
- 1:30 - 2:15 pm Leadership for Physicians
Robert Hasty, DO, FACOI
- 2:15 - 3:15 pm Prevention of Medical Errors
Marc G. Kaprow, DO, FACOI
- 3:15 - 3:55 pm Medical Education Update
Robert Hasty, DO, FACOI
- 3:55 – 4:00 pm Q&A with Speakers

OCTOBER 27, 2019

MORNING SESSIONS

ACOI Internal Medicine Symposium (Cardiology)

- 8:00 – 8:05 am Welcome and Introductions
Troy L. Randle, DO, FACOI, Moderator
- 8:05 – 9:00 am Hypertension Guidelines Update
Troy L. Randle, DO, FACOI
- 9:00 - 10:00 am Heart Failure Management
Chad Link, DO
- 10:00 – 11:00 am Cardiovascular Testing:
Which and Why
Troy L. Randle, DO, FACOI
- 11:00 – 11:55 am ECG Interpretations
Chad Link, DO
- 11:55 – 12:00 pm Q&A with Speakers
- 12:00 pm – 1:30 pm **Lunch Break**

AFTERNOON SESSIONS

Geriatric/Palliative

Karen J. Nichols, DO, MA, MACOI, Moderator

- 1:30 – 3:00 pm Ethical Dilemmas at End of Life
Karen J. Nichols, DO, MA, MACOI & Otto S. Shill, III, Esq.
- 3:00 – 3:15 pm **Break**
- 3:15 – 4:15 pm To Be or Not to Be is Not the
Question: Caring for Patients
with Advanced Illnesses
Marianne M. Holler, DO, FACOI
- 4:15 – 4:50 pm A Practical Guide to Difficult
Conversations
Marianne M. Holler, DO, FACOI
- 4:50 – 4:55 pm Q&A with Speakers
- 4:55 – 5:00 pm Closing Comments
John B. Bulger, DO, MBA, MACOI

OBJECTIVES

Practice Gap

Internists and subspecialists have very busy practices, and the many and diverse needs of an aging population raise significant clinical demands which challenge physicians' ability to remain current. There are many positive trends in senior health that have occurred over the past year, such as a 7% decrease in preventable hospitalizations decreased (from 53.8 to 49.9 discharges per 1,000 Medicare enrollees), continuing a four-year decline. In addition, since 2013 hospital readmissions, hospital deaths, ICU use in the last six months of life, and hip fracture hospitalization in Medicare enrollees have all decreased. However, challenges remain: as a nation, obesity, nutrition and access to healthy food remain challenges for seniors. Obesity and food insecurity both increased, while Supplemental Nutrition Assistance Program (SNAP) reach and community support expenditures decreased.

This educational activity will seek to close the gap between current standards of care and best, evidence-based practices related to specific clinical areas that challenge both hospital-based and ambulatory internists.

Target Audience

This activity has been designed for osteopathic internists, subspecialists and other health professionals attending the OMED 2019 meeting.

Learning Objectives

After actively participating in this activity, the learner will be able to:

- Appreciate new and novel approaches to managing hyperlipidemia;
- Recognize the holistic benefits of newer modalities to treat diabetes;
- Critically analyze opportunities to improve patient safety and reduce errors;
- Evaluate the appropriate uses of cardiovascular testing;
- Improve care and experience of patients at families at the end of life.

Goal

The goal of this activity is to provide osteopathic internists and subspecialists clinical updates in specific areas in order to provide better patient care.

Outcomes

This activity will provide osteopathic internists and subspecialists updates in the areas of healthcare administration, internal medicine, palliative care medicine, geriatric medicine, Cardiology, endocrine, etc. and empowering them to provide improved care to their patients.

Accreditation and Credit Designation Statements

The American College of Osteopathic Internists (ACOI) is accredited by the American Osteopathic Association to provide continuing medical education to physicians and has designated this live CME activity for a maximum of 13.75 AOA Category 1A Credits.

The American College of Osteopathic Internists is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The American College of Osteopathic Internists designates this live activity for a maximum of 13.75 AMA PRA Category 1 Credits™.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

2019 ACOI – OMED Speakers



John B. Bulger, DO, MBA, MACOI
Past President, ACOI Board of Directors
Chief Quality Officer
Geisinger Health System
Danville, PA



Marc G. Kaprow, DO, FACOI
Physician
Palliative Medical Associates of Florida
Maitland, FL



Troy L. Randle, DO, ESQ
Cardiologist
Lourdes Cardiology
South Jersey Heart Group
Cherry Hill, NJ



Jeffrey S. Freeman, DO, FACOI
Professor of Internal Medicine
Chairman Division of Endocrinology and
Metabolism
Philadelphia College of Osteopathic Medicine
Philadelphia, PA



Karen J. Nichols, DO, MA, FACOI
Member, Board of Trustees of the American
Osteopathic Association
Member, Accreditation Council for Graduate
Medical Education Board of Directors
Past President
American College of Osteopathic Internists
Past President
American Osteopathic Association
Downers Grove, IL



Otto S. Shill, III, Esq.
Certified Tax Specialist
Jennings, Strouss & Salmon, P.L.C.
Phoenix, AZ



Robert T. Hasty, DO, FACOI
Member, ACOI Board of Directors
Founding Dean and Chief Academic
Officer Idaho College of
Osteopathic Medicine
Meridian, ID



Chad Link, DO
Chairman of Cardiology/Cardiology Section
Sparrow TCI
Chairman of Cardiology
Sparrow Ionia Hospital
Lansing, MI



Jack L. Snitzer, DO, FACOI
Clinical Endocrinologist
Peninsula Regional Medical Center
Salisbury, MD



Marianne M. Holler, DO, FACOI
Medical Director Hospice and
Palliative Medicine Programs
VNA Health Group-Ocean County Division
Red Bank, NJ

<https://www.surveymonkey.com/r/ACOIOMED2019>

ACOI LEADERS & STAFF

Annette T. Carron, DO, FACOI
ACOI Program Chair
President-Elect, ACOI Board of Directors
Chair, ACOI Palliative Care Section
Assistant Professor IM
Michigan State University
College of Osteopathic Medicine
Geriatrics Attending Physician
Henry Ford Macomb Hospital
Clinton Township, MI

Brian J. Donadio, FACOI
bjd@acoi.org
Executive Director
American College of Osteopathic Internists
Rockville, MD
(301) 231-8877

Donald S. Nelinson, PhD
don@acoi.org
Chief Science and Education Officer
American College of Osteopathic Internists
Rockville, MD
(301) 231-8877

Susan B. Stacy, FACOI
susan@acoi.org
Director of Administration and Finance
American College of Osteopathic Internists
Rockville, MD
(301) 231-8877